



ANNUAL REPORT 2009



TO OUR SHAREHOLDERS

2009 was a good year for Bridgford Foods Corporation. The Company realized the 4th highest level of net income in its history. Lower costs for grains, meats and petroleum products combined with strategic changes implemented in the 2008 fiscal year to produce dramatically improved financial results. Sales during our 2009 fiscal year were \$122,665,000, an increase of 1.4% from sales of \$120,990,000 in 2008. The Company recorded a net profit of \$6,787,000 in 2009, equal to \$.72 per share, versus a loss of \$12,447,000, or \$1.30 per share in 2008. A one-time cash dividend of \$.10 per share was declared by the Board of Directors on November 9, 2009.

SALES AND MARKETING HIGHLIGHTS

Bridgford Monkey Bread, manufactured at our Superior Foods plant in Dallas under the direction of Division President Blaine Bridgford, continues to be a great success with a 16% sales increase in 2009. During the year, we developed a catering-style version of this product called Monkey Bites, which has received a favorable reaction in initial market tests.

Our Chicago based direct route sales distribution system for dry sausage products, managed by Vice President Chris Cole, continued its reorganization to achieve higher sales per route per week, with an emphasis on products manufactured by the Company. During 2009, Bridgford Foods expanded its agreements with Snyder's of Hanover and other regional distributors to sell the Company's dry sausage and meat snack products to geographic areas that do not have the population density or customer base to support Company-operated routes.

In our North Carolina plant, several new shelf-stable bakery items were introduced, and others are currently in development to expand this exciting product line. We also developed a line of shelf-stable meal kits intended for emergency preparedness and disaster relief.

OPERATIONS

Commodity costs during 2009 were favorable when compared with those experienced in 2008, with generally lower expenses for bakery flour, meat, gasoline and diesel fuel. The Company continued its emphasis on the sale of manufactured, rather than purchased, items on our Chicago based direct store distribution routes, and we currently produce more than 90% of the products sold on these routes.

Our unique beef jerky production system approached full utilization during 2009. Under the direction of Baron R.H. Bridgford, President of Bridgford Foods of Illinois, we continued to bring items which we had previously purchased from outside suppliers in-house.

All of the Company's manufacturing facilities passed multiple food safety inspections during the fiscal year, conducted by various private third-parties, military and government agencies. In the frozen food division, new products introduced during the year include Old South Sweet Dough, Sponge Cake, Sopapilla Sheet Dough and Sopapilla Bites.

Under the direction of Plant Manager Monty Griffith, we completed the construction of a meat-processing operation at our Statesville, North Carolina plant in 2009. This enabled us to bring most of our shelf-stable sandwich manufacturing processes under one roof, and to pursue the European and global markets for future business as this facility has received EU approval. Our Vice President of Manufacturing, Joe deAlcuaz, is responsible for the progress we have achieved this year in developing processing lines and improving operating efficiency in Dallas, Chicago and Statesville.

We have added additional packaging capacity in Dallas and Chicago in anticipation of increased sales volume. The Anaheim deli operation absorbed the production of our Dallas sandwich facility during the year to increase efficiency.

Respectfully submitted,



William L. Bridgford
Chairman



John V. Simmons
President



Raymond F. Lancy
Chief Financial Officer

January 28, 2010

FINANCIAL MATTERS

Our working capital totaled \$26,799,000 at October 30, 2009, \$6,359,000 (31.1%) higher than at the beginning of the fiscal year and our working capital ratio increased to 3.0 to 1 at October 30, 2009, compared to 2.8 to 1 at October 31, 2008. The increase in working capital and improvement in working capital ratio resulted from net income of \$6,787,000 and lower levels of capital spending and share repurchases during the fiscal year. We repurchased 80,000 shares of the Company's common stock in the amount of \$638,000 (\$7.98 average cost per share) during 2009. Projected contributions of \$2,394,000 were recorded as a current liability related to our frozen defined benefit pension plan at October 30, 2009, and we contributed \$989,000 towards the plan during the 2009 fiscal year. The Company has been free of interest bearing debt for twenty-three consecutive years and we remain in compliance with all covenants related to our unused \$2 million line of credit with Bank of America.

Shareholders' equity totaled \$32,423,000, a decrease of \$112,000 (0.3%) compared to the end of the prior year. Net income increased shareholders' equity by \$6,787,000; however, this increase was off-set by a significant charge to shareholders equity in the amount of \$6,247,000 due to an increase in the unfunded status of our defined benefit pension plan. This change was a result of a decrease in the interest rate being applied to compute future pension benefit obligations recommended by our actuary. The Citigroup Pension Liability Index discount rate decreased from 8% at October 31, 2008 to 5.75% at October 30, 2009. This loss was recorded in shareholder's equity under "Accumulated other comprehensive income (loss)" without an off-setting tax benefit since the Company currently carries a full reserve against its deferred tax assets. No cash dividends were paid during the 2009 fiscal year although the Board of Directors declared a one-time cash dividend in November 2009 in recognition of the positive operating results achieved during the fiscal year. Approximately 382,000 shares remain available for repurchase under the 2 million share repurchase plan previously authorized by the Board of Directors. Shareholders' equity per share was \$3.45 at October 30, 2009 compared to \$3.40 at October 31, 2008.

We completed a successful transition to our new outside accounting firm, Squar, Milner, Peterson, Miranda and Williamson, LLP in fiscal year 2009. This change generated significant audit fee savings in 2009 and should reduce this cost in the near future.

The Company successfully completed the second year of its Sarbanes-Oxley Section 404a compliance program during the fiscal year thanks to the diligent work of accounting, information systems and operational departments. Management assessed the effectiveness of the Company's internal control over financial reporting as of October 30, 2009 and believes our control systems are effective. Management's Report on Internal Controls over Financial Reporting is included in this 10-K report. No significant weaknesses in internal accounting control, to the extent identified, were unresolved at the conclusion of the 2009 fiscal year.

SUMMARY

Many of the factors that negatively affected our 2008 results, such as reduced market value of our pension assets, turned in the Company's favor during the 2009 fiscal year. We will continue to strive for improvement in every facet of the business in the years ahead. Your Company will always make business decisions considering the best long-term interests of all of its stakeholders, and will never compromise the quality of our products or the service we provide to our customers. We appreciate the loyalty and hard work of our associates, and are gratified to see that great effort produce such positive results in the 2009 fiscal year.

On behalf of all of our directors and officers, we thank our shareholders, customers and suppliers for their support during 2009, and we look forward to reporting positive results in 2010.

SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 10-K

ANNUAL REPORT PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934

For the fiscal year ended October 30, 2009

Commission file number: 0-2396

BRIDGFORD FOODS CORPORATION

(Exact name of Registrant as specified in its charter)

California
(State of incorporation)

95-1778176
(I.R.S. Employer
Identification No.)

1308 North Patt Street
Anaheim, California 92801
(Address of principal executive offices)

(714) 526-5533
(Registrant's telephone number, including area code)

Securities registered pursuant to Section 12(b) of the Act: Common Stock, par value \$1.00 per share, the NASDAQ Stock Market LLC.

Securities registered pursuant to Section 12(g) of the Act: None

Indicate by check mark whether the registrant is a well-known seasoned issuer, as defined in Rule 405 of the Securities Act.
Yes No

Indicate by check mark whether the registrant is not required to file reports pursuant to Section 13 or Section 15(d) of the Act.
Yes No

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes No

Indicate by check mark whether the registrant has submitted electronically and posted on its corporate web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files. Yes No

Indicate by check mark if disclosure of delinquent filers pursuant to Item 405 of Regulation S-K is not contained herein, and will not be contained, to the best of registrant's knowledge, in definitive proxy or information statements incorporated by reference in Part III of this Form 10-K or any amendment to this Form 10-K.

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See definition of "large accelerated filer," "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act. (Check one):

Large accelerated filer

Accelerated filer

Non-accelerated filer (Do not check if a smaller reporting company) Smaller reporting company

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Act. Yes No

The aggregate market value of voting stock held by non-affiliates of the registrant on April 17, 2009 was \$7,315,000.

As of January 15, 2010, there were 9,338,840 shares of common stock outstanding.

Portions of the registrant's Proxy Statement for the registrant's Annual Meeting of Shareholders to be held March 17, 2010 are incorporated by reference into Part III, Items 10-14 of this Annual Report on Form 10-K.

INDEX TO FORM 10K

	Page
PART I.....	3
Item 1. Business.....	3
Item 1A. Risk Factors.....	6
Item 1B. Unresolved Staff Comments.....	8
Item 2. Properties.....	8
Item 3. Legal Proceedings.....	9
Item 4. Submission of Matters to a Vote of Security Holders.....	9
 PART II.....	 10
Item 5. Market for Registrant’s Common Equity, Related Stockholder Matters and Issuer Purchases of Equity Securities.....	10
Item 6. Selected Financial Data.....	11
Item 7. Management’s Discussion and Analysis of Financial Condition and Results of Operations.....	11
Item 7A. Quantitative and Qualitative Disclosures about Market Risk.....	16
Item 8. Consolidated Financial Statements and Supplementary Data.....	16
Item 9. Changes in and Disagreements with Accountants on Accounting and Financial Disclosure.....	16
Item 9A. Controls and Procedures.....	16
Item 9B. Other Information.....	18
 PART III.....	 18
Item 10. Directors, Executive Officers and Corporate Governance.....	18
Item 11. Executive Compensation.....	18
Item 12. Security Ownership of Certain Beneficial Owners and Management and Related Stockholder Matters.....	18
Item 13. Certain Relationships and Related Transactions, and Director Independence.....	18
Item 14. Principal Accountant Fees and Services.....	19
 PART IV.....	 19
Item 15. Exhibits and Financial Statement Schedules.....	19
SIGNATURES.....	21

PART I

Item 1. Business

This Annual Report on Form 10-K contains certain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934 and Bridgford Foods Corporation intends that such forward-looking statements be subject to the safe harbors created thereby. Readers are cautioned that such statements, which may be identified by words including “anticipates,” “believes,” “intends,” “estimates,” “expects,” and similar expressions, are only predictions or estimations and are subject to known and unknown risks and uncertainties. These forward-looking statements include, but are not limited to, statements regarding the following: general economic and business conditions; the impact of competitive product and pricing; success of operating initiatives; development and operating costs; advertising and promotional efforts; adverse publicity; acceptance of new product offerings; consumer trial and frequency; changes in business strategy or development plans; availability, terms and deployment of capital; availability of qualified personnel; commodity, labor, and employee benefit costs; changes in, or failure to comply with, government regulations; weather conditions; construction schedules; and other factors referenced in this Report.

The forward-looking statements included herein are based on current expectations that involve a number of risks and uncertainties. These forward-looking statements are based on assumptions regarding our business, which involve judgments with respect to, among other things, future economic and competitive conditions, and future business decisions, all of which are difficult or impossible to predict accurately and many of which are beyond our control. Although we believe that the assumptions underlying the forward-looking statements are reasonable, actual results may differ materially from those set forth in the forward-looking statements. In light of the significant uncertainties inherent in the forward-looking information included herein, the inclusion of such information should not be regarded as representation by us or any other person that the objectives or plans of our company will be achieved. The forward-looking statements contained herein speak as of the date of this Report and we undertake no obligation to update such statements after the date hereof.

Background of Business

Bridgford Foods Corporation (collectively with its subsidiaries, “Bridgford”, the “Company”, “We”, “Our”), a California corporation was organized in 1952. We originally began operations in 1932 as a retail meat market in San Diego, California and evolved into a meat wholesaler for hotels and restaurants, a distributor of frozen food products, a processor and packer of meat, and a manufacturer and distributor of frozen food products for sale on a retail and wholesale basis. For more than the past five years we and our subsidiaries have been primarily engaged in the manufacturing, marketing and distribution of an extensive line of frozen, refrigerated, and snack food products throughout the United States. We have not been involved in any bankruptcy, receivership, or similar proceedings since inception nor have we been party to any merger, acquisition, etc. or acquired or disposed of any material amounts of assets during the past five years. Substantially all of our assets have been acquired in the ordinary course of business. We have had no significant change in the type of products produced or distributed, nor in the markets we serve. Independent distributors now serve approximately 2,400 stores of all types in areas impractical to serve by our Company-owned vehicles.

Description of Business

Bridgford Foods Corporation operates in two business segments - the processing and distribution of frozen products and the processing and distribution of refrigerated and snack food products. For information regarding the separate financial performance of the business segments refer to Note 7 of the Notes to the Consolidated Financial Statements included in this Annual Report on Form 10-K.

The following table shows sales, as a percentage of consolidated sales, for each of these segments for each of the last two fiscal years:

	<u>2009</u>	<u>2008</u>
Frozen Food Products	45 %	44 %
Refrigerated and Snack Food Products.....	55 %	56 %
	<u>100 %</u>	<u>100 %</u>

We manufacture and distribute an extensive line of food products, including biscuits, bread dough items, roll dough items, dry sausage products, beef jerky, and a variety of sandwiches and sliced luncheon meats. The products we purchase for resale include a variety of jerky, cheeses, salads, party dips, Mexican foods, nuts, and other delicatessen type food products.

	<u>2009</u>	<u>2008</u>
Products manufactured, processed or packaged by Bridgford	83 %	82 %
Products manufactured or processed by third parties for distribution.....	17 %	18 %
	<u>100 %</u>	<u>100 %</u>

Although we have recently introduced several new products, most of these products have not contributed significantly to our revenue growth for the fiscal year. Our sales are not subject to material seasonal variations. Historically we have been able to respond quickly to the receipt of orders and, accordingly, do not maintain a significant sales backlog. Bridgford Foods Corporation and its industry generally have no unusual demands or restrictions on working capital items. During the last fiscal year we did not enter into any new markets or any significant contractual or other material relationships.

To date, federal, state, and local environmental laws and regulations, including those relating to the discharge of materials into the environment, have not had a material effect on our business.

Availability of SEC Filings and Code of Conduct on Internet Website

We maintain an Internet website at <http://www.bridgford.com>. Available on this website, free of charge, are annual reports on Form 10-K, quarterly reports on Form 10-Q, and reports filed under Section 16 of the Securities Exchange Act of 1934 which we file with the Securities and Exchange Commission. Our Code of Conduct is also available on the website.

Major Product Classes

Frozen Food Products

Our frozen food division serves both food service and retail customers. We sell approximately 170 unique frozen food products through wholesalers, cooperatives, and distributors to approximately 21,000 retail outlets and 22,000 restaurants and institutions.

Frozen Food Products – Food Service

The food service industry is composed of establishments that serve food outside the home and includes restaurants, the food operations of health care providers, schools, hotels, resorts, corporations, and other traditional and non-traditional food service outlets. Growth in this industry has been driven by the increase in away-from-home meal preparation, which has accompanied the expanding number of both dual income and single-parent households. Another trend within the food service industry is the growth in the number of non-traditional food service outlets such as convenience stores, retail stores, and supermarkets. These non-traditional locations often lack extensive cooking, storage, or preparation facilities resulting in a need for pre-cooked and prepared foods similar to those we provide. The expansion in the food service industry has also been accompanied by the continued consolidation and growth of broadline and specialty food service distributors, many of which are long-standing customers.

We supply our food service customers generally through distributors that take title to the product and resell it. Among our customers are many of the country’s largest broadline and specialty food service distributors. These and other large end purchasers occasionally go through extensive qualification procedures and their manufacturing capabilities are subjected to thorough review by the end purchasers prior to our approval as a vendor. Large end purchasers typically select suppliers that can consistently meet increased volume requirements on a national basis during peak promotional periods. We believe that manufacturing flexibility, national presence, and long-standing customer relationships should allow us to compete effectively with other manufacturers seeking to provide similar products to our current large food service end purchasers, although no assurances can be given.

Frozen Food Products – Retail Customers

The majority of our existing and targeted retail customers are involved in the resale of branded and private label packaged foods. The same trends which have contributed to the increase in away-from-home meal preparation have also fueled the growth in easy to prepare, microwaveable frozen and refrigerated convenience foods. Among the fastest growing segments is the frozen and refrigerated hand-held foods market. This growth has been driven by improved product quality

and variety and the increasing need for inexpensive and healthy food items that require minimal preparation. Despite rapid growth, many categories of frozen and refrigerated hand-held foods have achieved minimal household penetration. We believe we have been successful in establishing and maintaining supply relationships with certain selected leading retailers in this market.

Frozen Food Products – Sales and Marketing

Our frozen food business covers the United States and Canada. In addition to regional sales managers, we maintain a network of independent food service and retail brokers covering most of the states as well as Canada. Brokers are compensated on a commission basis. We believe that our broker relationships, in close cooperation with the regional sales managers, are a valuable asset providing significant new product and customer opportunities. The regional sales managers perform several significant functions for us, including identifying and developing new business opportunities and providing customer service and support to our distributors and end purchasers through the effective use of our broker network.

Our annual advertising expenditures are directed towards retail and institutional customers. These customers participate in various special promotional and marketing programs and direct advertising allowances we sponsor. We also invest in general consumer advertising in various newspapers and periodicals including free standing inserts and coupons to advertise in major markets. We direct advertising toward food service customers with campaigns in major industry publications and through our participation in trade shows throughout the United States.

Refrigerated and Snack Food Products – Customers

Our refrigerated and snack food products division sells approximately 240 different items through a direct store delivery network serving approximately 31,000 supermarkets, mass merchandise and convenience retail stores located in 49 states and Canada.

These customers are comprised of large retail chains and smaller “independent” operators. This part of our business is highly competitive. Proper placement of our product lines is critical to selling success since most items could be considered “impulse” items which are often consumed shortly after purchase. Our ability to sell successfully to this distribution channel depends on aggressive marketing and maintaining relationships with key buyers.

Refrigerated and Snack Food Products — Sales and Marketing

Our direct store delivery network consists of two separate divisions, refrigerated and non-refrigerated snack food products. Refrigerated snack food products are distributed through six different regions located in the southwest, primarily operating in California, Arizona, and Nevada. Non-refrigerated snack food products are distributed across the United States and Canada. The regional sales managers perform several significant functions for us including identifying and developing new business opportunities and providing customer service and support to our customers. We also utilize the services of brokers, where appropriate, to support efficient product distribution and customer satisfaction. Independent distributors now serve approximately 2,400 customers of all types in areas impractical to serve by our Company-owned vehicles.

Product Planning and Research and Development

We continually monitor the consumer acceptance of each product within our extensive product line. Individual products are regularly added to and deleted from the our product line. The addition or deletion of any individual product has not had a material effect on our operations in the current fiscal year. We believe that a key factor in the success of our products is our system of carefully targeted research and testing of our products to ensure high quality and that each product matches an identified market opportunity. The emphasis in new product introductions in the past several years has been in single service items. We are constantly searching to develop new products to complement our existing product line and improved processing techniques and formulas for our existing product line. We utilize in-house test kitchen to research and experiment and consultants with unique food preparation methods, improve quality control and analyze new ingredient mixtures.

Competition

Our products are sold under highly competitive conditions. All food products can be considered competitive with other food products, but we consider our principal competitors to include national, regional and local producers and distributors of refrigerated, frozen and snack food products. Several of our competitors include large companies with substantially greater financial and marketing resources than ours. Existing competitors may broaden their product lines and potential competitors

may enter or increase their focus on our market, resulting in greater competition for us. We believe that our products compete favorably with those of our competitors. Such competitors' products compete against ours for retail shelf space, institutional distribution and customer preference.

Effect of Government Regulations

Our operations are subject to extensive inspection and regulation by the United States Department of Agriculture (the "USDA"), the Food and Drug Administration (the "FDA"), and by other federal, state, and local authorities regarding the processing, packaging, storage, transportation, distribution, and labeling of products that we manufacture, produce and process. Our processing facilities and products are subject to continuous inspection by the USDA and/or other federal, state, and local authorities. The USDA has issued strict policies concerning the control of listeria monocytogenes in ready-to-eat meat and poultry products and contamination by food borne pathogens such as E. coli and salmonella, and established a new system of regulation known as the Hazard Analysis Critical Control Points ("HACCP") program. The HACCP program requires all meat and poultry processing plants to develop and implement sanitary operating procedures and other program requirements. We believe that we are currently in compliance with governmental laws and regulations and that we maintain the necessary permits and licenses relating to our meat operations.

Importance of Key Customers

Sales to Wal-Mart® comprised 11.4% and 10.2% of revenues for fiscal years 2009 and 2008, respectively. Accounts receivable from Wal-Mart® was 13.3% and 14.2% of total accounts receivable at October 30, 2009 and October 31, 2008, respectively.

Sources and Availability of Raw Materials

We purchase large quantities of pork, beef, and flour. These ingredients are generally available from a number of different suppliers although the availability of these ingredients is subject to seasonal variation. We build ingredient inventories to take advantage of downward trends in seasonal prices or anticipated supply limitations.

Employees

We had 586 employees at October 30, 2009, approximately 43% of whose employment relationship is governed by collective bargaining agreements. Most agreements expire between January 2011 and March 2012. A contract with Teamsters Locals 87, 150, 386 and 431, covering 16 employees, expired on March 31, 2007. As of January 2010, a new agreement is in the process of ratification. We believe that our relationship with all of our employees is favorable.

Executive Officers of the Registrant

The names, ages, and positions of all our executive officers as of January 1, 2010 are listed below. Messrs. Hugh Wm. Bridgford and Allan L. Bridgford are brothers. William L. Bridgford is the son of Hugh Wm. Bridgford and the nephew of Allan L. Bridgford. Officers are normally appointed annually by the board of directors at their meeting immediately following the annual meeting of shareholders. All executive officers are full-time employees of our company, except for Allan L. Bridgford, who works 60% of full-time effective March, 2005.

Name	Age	Position(s) with our company
Allan L. Bridgford	74	Senior Chairman and member of the Executive Committee
Hugh Wm. Bridgford.....	78	Vice President and Chairman of the Executive Committee
William L. Bridgford.....	55	Chairman and member of the Executive Committee
John V. Simmons.....	54	President and member of the Executive Committee
Raymond F. Lancy.....	56	Chief Financial Officer, Executive Vice President, Treasurer and member of the Executive Committee

Item 1A. Risk Factors

In addition to the other matters set forth in this Annual Report on Form 10-K, the continuing operations and the price of our common stock are subject to the following risks, each of which could materially adversely affect our business, financial condition, and results of operations. The risks described below are not the only risks faced by us. The risks described below are only the risks that we currently believe are material to our business. However, additional risks not presently known, or risks that are currently believed to be immaterial, may also impair our business operations.

We are subject to general risks in the food industry, including risks relating to changes in consumer preference and economic conditions, any of which risks, if realized, could negatively impact our operating results and financial position.

The food industry, and the markets within the food industry in which we compete, are subject to various risks, including the following: evolving consumer preferences, nutritional and health-related concerns, federal, state and local food inspection and processing controls, consumer product liability claims, risks of product tampering, and the availability and expense of liability insurance. The meat and poultry industries are subject to scrutiny due to the association of meat and poultry products with recent outbreaks of illness, and on rare occasions even death, caused by food borne pathogens. Product recalls are sometimes required in the food industry to withdraw contaminated or mislabeled products from the market. Additionally, the failure to identify and react appropriately to changes in consumer trends, demands and preferences could lead to, among other things, reduced demand and price reduction for our products. Further, we may be adversely affected by changes in domestic or foreign economic conditions, including inflation or deflation, interest rates, availability of capital markets, consumer spending rates, and energy availability and costs (including fuel surcharges). These and other general risks related to the food industry, if realized by us, could have a significant adverse effect on demand for our products, as well as the costs and availability of raw materials, ingredients and packaging materials, thereby negatively affecting our operating results and financial position.

Fluctuations in the prices that we pay for raw materials could negatively impact our financial results.

We purchase large quantities of commodity pork, beef, and flour. Historically, market prices for products we process have fluctuated in response to a number of factors, including changes in the United States government farm support programs, changes in international agricultural and trading policies, weather, and other conditions during the growing and harvesting seasons.

Our operating results are heavily dependent upon the prices paid for raw materials. The marketing of our value-added products does not lend itself to instantaneous changes in selling prices. Changes in selling prices are relatively infrequent and do not compare with the volatility of commodity markets. While fluctuations in significant cost structure components, such as ingredient commodities and fuel prices, have had a significant impact on profitability over the last two years, the impact of general price inflation on our financial position and results of operations has not been significant. Future volatility of general price inflation or deflation and raw material cost and availability could adversely affect our financial results.

We are subject to extensive government regulations and a failure to comply with such regulations could negatively impact our financial results.

Our operations are subject to extensive inspection and regulation by the United States Department of Agriculture (the "USDA"), the Food and Drug Administration (the "FDA"), and by other federal, state, and local authorities regarding the processing, packaging, storage, transportation, distribution, and labeling of products that are manufactured, produced and processed by us. Our processing facilities and products are subject to continuous inspection by the USDA and/or other federal, state, and local authorities. The USDA has issued strict policies concerning the control of listeria monocytogenes in ready-to-eat meat and poultry products and contamination by food borne pathogens such as E. coli and salmonella, and established a new system of regulation known as the Hazard Analysis Critical Control Points ("HACCP") program. The HACCP program requires all meat and poultry processing plants to develop and implement sanitary operating procedures and other program requirements. We believe that we are currently in compliance with governmental laws and regulations and that we maintain necessary permits and licenses relating to our meat operations.

A failure to obtain or a loss of necessary permits and licenses could delay or prevent us from meeting current product demand and could adversely affect our operating performance. Furthermore, we are routinely subject to new or modified laws, regulations and accounting standards. If found to be out of compliance with applicable laws and regulations in these or other areas, we could be subject to civil remedies, including fines, injunctions, recalls, or asset seizures, as well as potential criminal sanctions, any of which could have a significant adverse effect on our financial results.

We depend on our key management, the loss of which could negatively impact our operations.

Our executive officers and certain other key employees have been primarily responsible for the development and expansion of our business, and the loss of the services of one or more of these individuals could adversely effect us. Our success will be dependent in part upon our continued ability to recruit, motivate, and retain qualified personnel. We can not assure you that we will be successful in this regard. We have no employment or non-competition agreements with key personnel.

We depend on our major customers and any loss of such customers could have a negative impact on our profitability.

We could suffer significant reductions in revenues and operating income if we lost one or more of our largest customers, including, for example, Wal-Mart®, which accounted for 11.4% of revenues in fiscal year 2009. Many of our customers, such as supermarkets, warehouse clubs, and food distributors have consolidated in recent years. Such consolidation has produced large, sophisticated customers with increased buying power who are more capable of operating with reduced inventories while demanding lower pricing and increased promotional programs. These customers also may use their shelf space for their own private label products. Failure to respond to these trends could reduce our volume and cause us to lower prices or increase promotional spending for our product lines which could adversely affect our profitability.

With more than 80% concentration of beneficial ownership of our stock held by the Bridgford family, there are risks that they can exert significant influence or control over our corporate matters.

Members of the Bridgford family beneficially own, in the aggregate, approximately 81% of our outstanding stock. In addition, three members of the Bridgford family serve on the Board of Directors. As a result, members of the Bridgford family have the ability to exert substantial influence or actual control over our management and affairs and over substantially all matters requiring action by our shareholders, including amendments to by-laws, election and removal of directors, any proposed merger, consolidation or sale of all or substantially all of our assets and other corporate transactions. This concentration of ownership may also delay or prevent a change in control otherwise favored by our other shareholders and could depress our stock price. Additionally, as a result of the Bridgford family’s significant ownership of the outstanding voting stock, we have relied on the “controlled company” exemption from certain corporate governance requirements of the NASDAQ stock market; therefore, we have elected not to implement the rule that provides for a nominating committee to identify and recommend nominees to the Board of Directors. Pursuant to this exemption, our compensation committee, which is made up of independent directors, does not have sole authority to determine the compensation of our executive officers, including our Chairman of the Board.

Item 1B. Unresolved Staff Comments

Not applicable.

Item 2. Properties

We own the following properties:

<u>Property Location</u>	<u>Building Square Footage</u>	<u>Acreage</u>
Anaheim, California ***	100,000	5.0
Modesto, California **	0	0.3
Dallas, Texas *	94,000	4.0
Dallas, Texas *	30,000	2.0
Dallas, Texas *	16,000	1.0
Dallas, Texas *	3,200	1.5
Statesville, North Carolina *	42,000	8.0
Chicago, Illinois **	156,000	1.5

* - property used by Frozen Food Products Segment

** - property used by Refrigerated and Snack Food Segment

***- property used by both Frozen Food Products and Refrigerated and Snack Food Segments

We generally fully utilize the foregoing properties for processing, warehousing, distributing and administrative purposes. We also lease warehouse and/or office facilities throughout the United States and Canada. We believe that our properties are generally adequate to satisfy our foreseeable needs. Additional properties may be acquired and/or plants expanded if favorable opportunities and conditions arise.

Item 3. *Legal Proceedings*

No material legal proceedings were pending against us at October 30, 2009 or as of the date of filing of this Annual Report on Form 10-K. We are likely to be subject to claims arising from time to time in the ordinary course of our business. In certain of such actions, plaintiffs may request punitive or other damages that may not be covered by insurance and, accordingly, no assurance can be given with respect to the ultimate outcome of any such possible future claims or litigation or their effect on us. Any adverse litigation trends and outcomes could significantly and negatively affect our financial results.

Item 4. *Submission of Matters to a Vote of Security Holders*

Annual Meeting of Shareholders

The 2010 Annual Meeting of Shareholders will be held at the offices of Bridgford Foods Corporation, 1308 North Patt Street, Anaheim, California at 10:00 a.m. on Wednesday, March 17, 2010.

No matters were submitted to our shareholders during the fourth quarter of the fiscal year ended October 30, 2009.

PART II

Item 5. Market for Registrant's Common Equity, Related Stockholder Matters and Issuer Purchases of Equity Securities

Common Stock and Dividend Data

Our common stock is traded in the national over-the-counter market and is authorized for quotation on the Nasdaq Global Market under the symbol "BRID". The following table reflects the high and low closing sale prices reported by Nasdaq as well as cash dividends paid for each of the last eight fiscal quarters.

	High	Low	Cash Dividends Paid
Fiscal Year 2009			
First Quarter	\$ 4.88	\$3.71	\$0.00
Second Quarter	\$ 4.55	\$2.53	\$0.00
Third Quarter	\$ 9.32	\$4.31	\$0.00
Fourth Quarter	\$ 9.79	\$6.91	\$0.00
			Cash Dividends Paid
Fiscal Year 2008	High	Low	Paid
First Quarter	\$7.45	\$6.07	\$0.00
Second Quarter	\$6.94	\$5.32	\$0.00
Third Quarter	\$6.77	\$5.40	\$0.00
Fourth Quarter	\$6.43	\$4.26	\$0.00

On November 12, 2009, Bridgford Foods Corporation issued a press release announcing that its Board of Directors had approved a cash dividend of \$0.10 per share of common stock to be distributed on January 4, 2010 to shareholders of record on December 8, 2009.

On January 15, 2010, the closing sale price for our common stock on the Nasdaq Global Market was \$11.41 per share. As of January 15, 2010, there were 303 shareholders of record of our common stock.

The payment of any future dividends will be at the discretion of our Board of Directors and will depend upon future earnings, financial requirements, and other factors.

Unregistered Sales of Equity Securities

During the period covered by this Report we did not sell or issue any equity securities that were not registered under the Securities Act of 1933, as amended.

Repurchases of Equity Securities by the Issuer

During fiscal year 2009, we repurchased an aggregate of 79,713 shares of our common stock for \$637,955 pursuant to our repurchase plan previously authorized by the Board of Directors. The following table provides information regarding our repurchases of common stock in each of the four periods comprising the fourth quarter of fiscal year 2009.

Period (1)	Total Number of Shares Purchased	Average Price Paid Per Share	Total Number of Shares Purchased As Part of Publicly Announced Plans or Programs (2)	Maximum Number of Shares that May Yet Be Purchased Under the Plans or Programs (2)
July 11, 2009 - August 7, 2009 (4 weeks).....	15,345	\$ 8.94	15,345	423,573
August 8, 2009 - September 4, 2009 (4 weeks).....	8,522	\$ 9.01	8,522	415,051
September 5, 2009 - October 2, 2009 (4 weeks).....	9,123	\$ 8.91	9,123	405,928
October 3, 2009 - October 30, 2009 (4 weeks).....	7,883	\$ 9.23	7,883	398,045
Total.....	40,873	\$ 9.00	40,873	

- (1) The periods shown are our fiscal periods during the sixteen-week quarter ended October 30, 2009.
- (2) All repurchases reflected in the foregoing table were made on the open market. Our stock repurchase program was approved by the Board of Directors in November 1999 (1,500,000 shares authorized, disclosed in a Form 10-K filed on January 26, 2000) and was expanded in June 2005 (500,000 additional shares authorized, disclosed in a press release and Form 8-K filed on June 17, 2005). Under the stock repurchase program, we are authorized, at the discretion of management and the Board of Directors, to purchase up to an aggregate of 2,000,000 shares of our common stock on the open market. Our Stock Purchase Plan (“Purchase Plan”) is administered by Citigroup Global Markets Inc. (“CGM”) for purchase of shares of common stock (“Stock”) issued by us in compliance with the requirements of Rule 10b5-1 under the Securities Exchange Act of 1934 (“Exchange Act”). Commencing on October 14, 2009 and continuing through and including October 13, 2010, CGM shall act as our exclusive agent to purchase Stock under the Purchase Plan. This Purchase Plan supplements any purchases of stock by us “outside” of the Purchase Plan, which may occur from time to time, in open market transactions pursuant to Rule 10b-18 of the Exchange Act. The daily purchase quantity is defined as a number of shares up to, but not to exceed, each day’s applicable Rule 10b-18 maximum volume limit (i.e. 25% of the prior four calendar weeks’ average daily trading volume); however, once per week a block of stock may be purchased that exceeds the Rule 10b-18 average daily trading volume condition, provided that no other Purchase Plan purchases are made on any day on which such a block is purchased. As of October 30, 2009, the total maximum number of shares that may be purchased under the Purchase Plan is 398,045 at a purchase price not to exceed \$10.00 per share for a total maximum aggregate price (exclusive of commission) of \$3,980,450.

Item 6. Selected Financial Data

Not applicable to smaller reporting company.

Item 7. Management’s Discussion and Analysis of Financial Condition and Results of Operations

For a complete understanding, this Management's Discussion and Analysis of Financial Condition and Results of Operations should be read in conjunction with the Consolidated Financial Statements and Notes to the Consolidated Financial Statements contained in this Report.

Certain statements under “Management’s Discussion and Analysis of Financial Condition and Results of Operations” and elsewhere in this report constitute “forward-looking statements” within the meaning of the Securities Act of 1933 and the Securities Exchange Act of 1934. Such forward-looking statements involve known and unknown risks, uncertainties, and other factors which may cause the actual results, performance or achievements of Bridgford Foods Corporation to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors include, among others, the following: general economic and business conditions; the impact of competitive products and pricing; success of operating initiatives; development and operating costs; advertising and promotional efforts; adverse publicity; acceptance of new product offerings; consumer trial and frequency; changes in

business strategy or development plans; availability, terms and deployment of capital; availability of qualified personnel; commodity, labor, and employee benefit costs; changes in, or failure to comply with, government regulations; weather conditions; construction schedules; and other factors referenced in this Report.

Results of Operations (in thousands except percentages)

Fiscal Year Ended October 30, 2009 (52 weeks) Compared to Fiscal Year Ended October 31, 2008 (52 weeks)

Net Sales-Consolidated

Net sales in fiscal 2009 increased \$1,675 (1.4%) when compared to the prior year. The primary reason for the increase was higher unit volume. The impact of selling price changes was insignificant. Promotional allowances as a percentage of consolidated sales decreased 0.1%.

Net Sales-Frozen Food Products Segment

Net sales in the Frozen Food Products segment in fiscal 2009 increased \$1,872 (3.5%) compared to the prior year. A unit volume decrease of 5.1% was offset by price increases of 8.6% contributing to the change. Promotional allowances were unchanged compared to the prior year.

Net Sales-Refrigerated and Snack Food Products Segment

Net sales in the Refrigerated and Snack Food Products segment in fiscal 2009 decreased \$197 (0.3%) compared to the prior year. Unit volume increases of 3.9% in fiscal 2009 were more than off-set by selling price decreases.

Cost of Products Sold-Consolidated

Cost of products sold in fiscal 2009 decreased \$9,153 (11.4%) compared to the prior year primarily due to lower flour and meat commodity costs. Utilities, employee benefit costs and operating supplies decreased significantly compared to the prior fiscal year. Favorable changes in product mix also contributed to the decline in cost of sales.

Cost of Products Sold-Frozen Food Products Segment

Cost of products sold in the Frozen Food Products segment in fiscal 2009 decreased \$3,911 (11.2%) compared to the prior year. Lower flour commodity costs in fiscal 2009 were the primary contributing factor causing this decrease. Utilities and employee benefit costs decreased significantly compared to the prior fiscal year. Favorable changes in product mix also contributed to the decline in cost of sales.

Cost of Products Sold-Refrigerated and Snack Food Products Segment

Cost of products sold in the Refrigerated and Snack Food Products segment in fiscal 2009 decreased \$5,827 (12.4%) compared to the prior year. Lower meat commodity costs and producing products previously purchased from outside suppliers in fiscal 2009 were the primary factors causing this change. Utilities, employee benefit costs, property taxes and operating supplies decreased significantly compared to the prior fiscal year.

Gross Margin-Consolidated

The gross margin before depreciation increased from 33.6% to 42.0%, in fiscal 2009, primarily due to lower flour and meat commodity costs when compared to the prior fiscal year. Promotional allowances declined 0.1% as a percentage of consolidated sales and had no measurable impact on the gross margin.

Gross Margin-Frozen Food Products Segment

The gross margin before depreciation in the Frozen Food Products segment in fiscal 2009 increased from 33.8% to 43.2%, in fiscal 2009, primarily due to lower flour commodity costs when compared to the prior fiscal year. Lower promotional allowances also increased net selling prices contributing to the gross margin increase. Favorable changes in product mix also contributed to the improvement in gross margin.

Gross Margin–Refrigerated and Snack Food Products Segment

The gross margin before depreciation in the Refrigerated and Snack Food Products segment in fiscal 2009 increased from 31.3% to 39.6%, in fiscal 2009, primarily due to lower meat commodity costs and lower delivery costs when compared to the prior fiscal year. Increased in-sourcing of major product lines reduced overhead costs per unit. Cost decreases related to utilities, employee benefits, property taxes and operating supplies also favorably impacted our gross margin in this segment.

Selling, General and Administrative Expenses-Consolidated

Selling, general and administrative expenses in fiscal 2009 decreased \$1,532 (3.5%) when compared to the prior year. The decrease in this category did not directly correspond to the change in sales.

The table below summarizes the primary expense variances:

	52 Weeks Ended		Expense/Loss Increase (Decrease)
	October 30, 2009	October 31, 2008	
Fuel	\$2,369	\$4,158	\$(1,789)
Cash surrender value (gain) / loss	(323)	928	(1,251)
Wages and bonus	17,369	16,070	1,299
Benefits-health/life	1,997	2,895	(898)
Benefits-workers compensation	700	1,073	(373)
Bad debt provision (recovery)	78	(194)	272
Interest income	(32)	(272)	240
Other	<u>19,562</u>	<u>18,594</u>	<u>968</u>
Total	<u>\$41,720</u>	<u>\$43,252</u>	<u>\$(1,532)</u>

Selling, General and Administrative Expenses-Frozen Food Products Segment

Selling, general and administrative expenses in the Frozen Food Products segment in fiscal 2009 increased by \$1,007 (6.4%) compared to the prior year. This category increased primarily as a result of increased profit sharing expenses as a result of higher segment profitability. The allocation of corporate support changes also increased due to higher segment revenues. Expenses related to advertising also increased compared to the prior year.

Selling, General and Administrative Expenses-Refrigerated and Snack Food Products Segment

Selling, general and administrative expenses in the Refrigerated and Snack Food segment in fiscal 2009 decreased \$2,539 (9.2%) compared to the prior year. This decrease was primarily caused by lower fuel, healthcare and workers' compensation expenses. Outside storage expense also declined compared to the prior fiscal year.

Depreciation Expense-Consolidated

Depreciation expense in fiscal 2009 decreased by \$550 (16.8%) compared to the prior year. The decrease in depreciation expense reflects lower capital expenditure levels in recent years and certain significant assets becoming fully depreciated in the 2009 fiscal year.

Depreciation Expense-Frozen Food Products Segment

Depreciation expense in the Frozen Food Products segment in fiscal 2009 decreased by \$80 (10.2%) compared to the prior year. The decrease in depreciation expense reflects lower capital expenditure levels in recent years and certain significant assets becoming fully depreciated in the 2009 fiscal year.

Depreciation Expense- Refrigerated and Snack Food Products Segment

Depreciation expense in the Refrigerated and Snack Food segment in fiscal 2009 decreased by \$333 (15.2%) compared to the prior year. This decline reflects lower capital expenditure levels in recent years.

Income Taxes

The effective income tax rate was 3.6% and (112.1)% in fiscal years 2009 and 2008, respectively. In fiscal year 2009, the effective income tax rate differed from the applicable mixed statutory rate of approximately 38% primarily due to recording a full valuation allowance on our deferred tax assets of \$8,443 in fiscal year 2008 (Refer to Note 4). The 2009 provision for taxes on income of \$255 consists of minimum federal and state income taxes. In fiscal year 2008 the effective income tax rate differed from the applicable mixed statutory rate of approximately 38% primarily due to recording a full valuation allowance on our deferred tax assets of \$8,615 (Refer to Note 4) and our current year claim for research and development tax credits and non-taxable life insurance.

Liquidity and Capital Resources (in thousands except share amounts)

Our need for operations growth, capital expenses and share repurchases are expected to be met with cash flows provided by operating activities.

Cash flows from operating activities:

	<u>2009</u>	<u>2008</u>
Net income (loss).....	\$ 6,787	\$ (12,447)
Adjustments to reconcile net income (loss) to net cash provided by (used in) operating activities:		
Depreciation.....	2,733	3,283
Provision (recovery) on losses on accounts receivable.....	78	(194)
(Gain) on sale of property, plant and equipment.....	(11)	(27)
Loss on sale of equity securities	159	—
Deferred income taxes, net	171	(2,107)
Tax valuation allowance	(171)	8,615
Changes in operating working capital.....	(310)	2,483
Net cash provided by (used in) operating activities.....	<u>\$ 9,436</u>	<u>\$ (394)</u>

For fiscal year 2009, net cash provided by operating activities was \$9,436, which enabled us to fund additions to property, plant and equipment in the amount of \$1,303 and share repurchases of \$638. The available cash balance increased by \$7,819 during the fiscal year. In November 2009, we declared a one-time cash dividend of \$0.10 per share of common stock for shareholders of record on December 8, 2009, payable on January 4, 2010, based on operations for fiscal year 2009. For fiscal year 2008, net cash used in operating activities was \$394. We funded additions to property, plant and equipment in the amount of \$1,880 and share repurchases of \$3,039 from cash balances.

Significant changes in operating working capital are as follows:

2009 – Operating cash flows increased primarily due to net income of \$6,787 and non-cash depreciation expense of \$2,733. Operating cash flows was increased by a reduction in inventories, increase in accounts payable and the current portion of non-current liabilities. Significant increases in accounts receivable and other non-current assets and decreases in accrued payroll, advertising and other expenses offset the cash flow increases during 2009. During the 2009 fiscal year we funded \$989 toward our defined benefit pension plan.

2008 – Operating cash flows decreased primarily due to reductions in other non-current assets and the current portion of non-current liabilities offset by decreases in inventories, prepaid expenses and accrued payroll, advertising and other expenses. During the year we funded \$2,467 toward our defined benefit pension plan.

Cash used in investing activities:

	<u>2009</u>	<u>2008</u>
Proceeds from sale of property, plant and equipment	\$ 56	\$ 69
Proceeds from sale of equity securities.....	268	—
Additions to property, plant and equipment	(1,303)	(1,880)
Net cash used in investing activities	<u>\$ (979)</u>	<u>\$ (1,811)</u>

Expenditures for property, plant and equipment include the acquisition of new equipment, upgrading of facilities to maintain operating efficiency and investments in cost effective technologies to lower costs. Overall capital spending has declined in recent years as we carefully scrutinize capital investments for short term pay-back of our investments.

Cash used in financing activities:

	<u>2009</u>	<u>2008</u>
Shares repurchased	\$ (638)	\$ (3,039)
Net cash used in financing activities.....	<u>\$ (638)</u>	<u>\$ (3,039)</u>

During fiscal year 2009, we repurchased an aggregate of 79,713 shares of our common stock for \$637,955 pursuant to our repurchase plan previously authorized by the Board of Directors.

We have remained free of interest-bearing debt for twenty-three consecutive years. We maintain a line of credit with Bank of America that expires April 30, 2010. Under the terms of this line of credit, we may borrow up to \$2,000 at an interest rate equal to the bank’s Prime rate, unless we elect an optional interest rate. The borrowing agreement contains various covenants, the more significant of which require us to maintain certain levels of shareholders’ equity and working capital. We are currently in compliance with all provisions of the agreement. There were no borrowings under this line of credit during the 2009 fiscal year. Management believes that our strong financial position and our capital resources are sufficient to provide for our operating needs and capital expenditures for fiscal 2010.

Impact of Inflation

Our operating results are heavily dependent upon the prices paid for raw materials. The marketing of our value-added products does not lend itself to instantaneous changes in selling prices. Changes in selling prices are relatively infrequent and do not compare with the volatility of commodity markets. While fluctuations in significant cost structure components, such as ingredient commodities and fuel prices, have had a significant impact on profitability over the last two fiscal years, the impact of general price inflation on our financial position and results of operations has not been significant. However, future volatility of general price inflation or deflation and raw material cost and availability could adversely affect our financial results.

Off-Balance Sheet Arrangements

We do not currently have any off balance sheet arrangements within the meaning of Item 303(a)(4) of Regulation S-K.

Contractual Obligations (in thousands)

We have remained free of interest bearing debt for twenty-three consecutive years and had no other debt or other contractual obligations except for leases existing at October 30, 2009. We lease certain transportation equipment under operating leases through 2011.

Future minimum lease payments are approximately (in thousands):

	<u>2010</u>	<u>2011</u>
Net Lease Commitments.....	\$ 425	\$ 425

Critical Accounting Policies

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make certain estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported revenues and expenses during the respective reporting periods. Actual results could differ from those estimates. Amounts estimated related to liabilities for self-insured workers’ compensation, employee healthcare and pension benefits are especially subject to inherent uncertainties and these estimated liabilities may ultimately settle at amounts not originally estimated. We record promotional and returns allowances and bad debt allowances based on recent and historical trends. Management believes its current estimates are reasonable and based on the best information available at the time.

Disclosure concerning our policies on credit risk, revenue recognition, cash surrender or contract value for life insurance policies, deferred income tax and the recoverability of our long-lived assets are provided in Notes 1 and 4 to the Consolidated Financial Statements.

Recently Issued Accounting Pronouncements and Regulations

Various accounting standard-setting bodies have been active in soliciting comments and issuing statements, interpretations and exposure drafts. For information on new accounting pronouncements and the impact, if any, on our financial position or results of operations, see Note 1 of the Notes to the Consolidated Financial Statements.

Item 7A. Quantitative and Qualitative Disclosures about Market Risk

Not applicable for smaller reporting company.

Item 8. Consolidated Financial Statements and Supplementary Data

Not applicable for smaller reporting company.

Item 9. Changes in and Disagreements with Accountants on Accounting and Financial Disclosure

On January 22, 2009, our Audit Committee of the Board of Directors of the Company dismissed Haskell & White LLP as our independent registered public accounting firm. Haskell & White LLP completed the audit of our financial statements for the year ended October 31, 2008 on January 28, 2009 completely terminating Haskell & White LLP's appointment as our independent registered public accounting firm for the Company. The decision to change principal accountants was approved by our Audit Committee and our Board of Directors.

The reports of Haskell & White LLP on the consolidated financial statements of Bridgford Foods Corporation for the years ended October 31, 2008 and November 2, 2007, did not contain an adverse opinion or disclaimer of opinion, nor were they qualified or modified as to uncertainty, audit scope, or accounting principle.

During the years ended October 31, 2008 and November 2, 2007, and through the subsequent interim period ended January 28, 2009, there were no disagreements with Haskell & White LLP on any matter of accounting principles or practices, financial statement disclosure, or auditing scope or procedure, which disagreements, if not resolved to the satisfaction of Haskell & White LLP, would have caused it to make reference thereto in its reports on the financial statements for such years.

During the years ended October 31, 2008, and November 2, 2007, and through the subsequent interim period ended January 28, 2009, there have been no "reportable events" (as defined in Item 304(a)(1)(v) of Regulation S-K).

On January 22, 2009, our Audit Committee and our Board of Directors appointed Squar, Milner, Peterson, Miranda & Williamson, LLP as its new independent registered public accounting firm as of January 22, 2009 for the fiscal year beginning November 1, 2008 and ending October 30, 2009.

During the Company's two most recent fiscal years ended October 31, 2008 and November 2, 2007, and through the subsequent interim period ended January 28, 2010, neither the Company nor anyone on its behalf consulted Squar, Milner, Peterson, Miranda & Williamson, LLP regarding any of the matters or events set forth in Item 304(a)(2)(i) and (ii) of Regulation S-K.

Item 9A. Controls and Procedures

Evaluation of disclosure controls and procedures

Our management, with the participation and under the supervision of our Chairman and Chief Financial Officer, has evaluated the effectiveness of our disclosure controls and procedures (as defined in Exchange Act Rule 13a-15(e)) as of the end of the period covered by this Report. Based on this evaluation the Chairman and Chief Financial Officer have concluded that our disclosure controls and procedures are effective as of the end of the period covered by this Report in their design and operation to provide reasonable assurance that information required to be disclosed by us in the reports that we file or submit under the Exchange Act is accumulated and communicated to management and recorded, processed, summarized and reported within the time periods specified by the Securities and Exchange Commission's rules and forms.

Our management, including our Chairman and Chief Financial Officer, does not expect that our disclosure controls and internal controls will prevent all error and all fraud. A control system, no matter how well conceived and operated, can provide only reasonable, not absolute, assurance that the objectives of the control system are met. Further, the design of a control system must reflect the fact that there are resource constraints, and the benefits of controls must be considered relative to their costs. Because of inherent limitations in all control systems, no evaluation of controls can provide absolute assurance that all control issues and instances of fraud, if any, within our company have been detected. These inherent limitations include the realities that judgments in decision-making can be faulty, and that breakdowns can occur because of simple error or mistake. Additionally, controls can be circumvented by the individual acts of some persons, by collusion of two or more people, or by management override of the control.

The design of any system of controls is also based in part upon certain assumptions about the likelihood of future events, and there can be no assurance that any design will succeed in achieving our stated goals under all potential future conditions; over time, a control may become inadequate because of changes in conditions, or the degree of compliance with the policies or procedures may deteriorate. Because of inherent limitations in a cost-effective control system, misstatements due to error or fraud may occur and not be detected.

We maintain and evaluate a system of internal accounting controls, and a program of internal auditing designed to provide reasonable assurance that our assets are protected and that transactions are performed in accordance with proper authorization, and are properly recorded. This system of internal accounting controls is continually reviewed and modified in response to evolving business conditions and operations and to recommendations made by the independent registered public accounting firm and internal auditor. We have established a code of conduct. Our management believes that the accounting and internal control systems provide reasonable assurance that assets are safeguarded and financial information is reliable.

The Audit Committee of the Board of Directors meets regularly with our financial management and counsel, and with the independent registered public accounting firm engaged by us. Internal accounting controls and the quality of financial reporting are discussed during these meetings. The Audit Committee has discussed with the independent registered public accounting firm matters required to be discussed by Statement of Auditing Standards No. 114 (Communication with Audit Committees). In addition, the Audit Committee and the independent registered public account firm have discussed the independent registered public accounting firm's independence from our Company and its management, including the matters in the written disclosures required by Public Company Accounting Oversight Board Rule 3526 "Communicating with Audit Committees Concerning Independence".

Section 404 of the Sarbanes-Oxley Act of 2002

In order to comply with the Sarbanes-Oxley Act of 2002 (the "Act"), we have undertaken and continue a comprehensive effort, which includes the documentation and review of our internal controls. In order to comply with the Act, we centralized most accounting and many administrative functions at our corporate headquarters in an effort to control the cost of maintaining our control systems.

The Securities and Exchange Commission, on December 15, 2006, adopted new measures to grant relief to smaller public companies by extending the date of compliance with Section 404 of the Act. Under these new measures, we will be required to comply with the Act in two phases. The first phase was completed by us commencing with the fiscal year ending October 31, 2008 and requires us to issue a management report on internal control over financial reporting with each Annual Report on Form 10-K thereafter. The second phase will require us to provide an auditor's attestation report on our internal control over financial reporting beginning with our fiscal year ending October 30, 2010.

Management's Annual Report on Internal Control Over Financial Reporting

Our management is responsible for establishing and maintaining adequate internal control over financial reporting. Our internal control over financial reporting is designed to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles.

Management conducted an evaluation of the effectiveness of the internal controls over financial reporting based on the framework in Internal Control - Integrated Framework issued by the Committee of Sponsoring Organizations of the Treadway Commission. Because of its inherent limitations, internal control over financial reporting may not prevent or detect misstatements. Therefore, even those systems determined to be effective can provide only reasonable assurance with respect to financial statement preparation and presentation. Also, projections of any evaluation of effectiveness to future periods are subject to the risk that controls may become inadequate because of changes in conditions, or that the degree of compliance with the policies or procedures may deteriorate.

Management assessed the effectiveness of our internal control over financial reporting for our fiscal year ended October 30, 2009. Based on management's assessment and those criteria, management believes that the internal control over financial reporting for our fiscal year ending October 30, 2009 was effective.

This Report does not include an attestation report of our independent registered public accounting firm regarding internal control over financial reporting. Management's internal control report was not subject to attestation by our independent registered public accounting firm pursuant to temporary rules of the Securities and Exchange Commission that permit us to provide only management's report in this Report.

There has been no change in our internal control over financial reporting during the last fiscal quarter covered by this Report that has materially affected, or is reasonably likely to materially affect, our internal control over financial reporting.

Item 9B. Other Information

Not applicable.

PART III

Item 10. Directors, Executive Officers and Corporate Governance

Information set forth in the sections entitled "Proposal 1 – Election of Directors" and "Section 16(a) Beneficial Ownership Reporting Compliance" contained in our definitive proxy statement for the 2010 Annual Meeting of Shareholders to be held on March 17, 2010 is incorporated herein by reference. Information concerning our executive officers is set forth in Part I, Item 1, hereof under the heading "Executive Officers of the Registrant".

Item 11. Executive Compensation

Information set forth in the sections entitled "Proposal 1 – Election of Directors" and "Compensation of Executive Officers" contained in our definitive proxy statement for the 2010 Annual Meeting of Shareholders to be held on March 17, 2010 is incorporated herein by reference.

Item 12. Security Ownership of Certain Beneficial Owners and Management and Related Stockholder Matters

Information set forth in the sections entitled "Principal Shareholders and Management" and "Proposal 1 – Election of Directors" contained in our definitive proxy statement for the 2010 Annual Meeting of Shareholders to be held on March 17, 2010 is incorporated herein by reference.

Equity Compensation Plan Information

Our only shareholder approved equity compensation plan expired by its terms on April 29, 2009. No further stock options or rights are available for grant under this plan and all previously outstanding options and rights have also expired by their terms. No stock options, warrants or rights were granted during the fiscal years ended October 30, 2009 and October 31, 2008 and none were outstanding as of October 30, 2009.

Item 13. Certain Relationships and Related Transactions, and Director Independence (not in thousands)

Information set forth in the sections entitled "Proposal 1 – Election of Directors" and "Certain Relationships and Related Party Transactions" contained in our definitive proxy statement for the 2010 Annual Meeting of Shareholders to be held on March 17, 2010 is incorporated herein by reference.

We are considered a "controlled company" within the meaning of Rule 5615(c)(1) of the National Association of Securities Dealers ("NASD") based on the approximate 80% beneficial ownership of our outstanding common stock by Bridgford Industries Incorporated and are therefore exempted from various NASD rules pertaining to certain "independence" requirements of our directors. Nevertheless, the Board of Directors has determined that Messrs. Andrews, Foster, Schulze, Scott and Zippwald, who together comprise the Audit Committee, are all "independent directors" within the meaning of Rule 5605 of the Nasdaq Marketplace Rules.

Our general legal counsel is the son of the senior chairman of the board of directors. For these services, he currently is paid a fee of \$1.35 for each meeting attended. Total fees paid under this arrangement for fiscal year 2009 were \$16.2 In addition, legal services are performed on our behalf and billed by a firm in which he is a partner. Total fees billed under this arrangement for fiscal year 2009 were approximately \$70.

Item 14. Principal Accountant Fees and Services

Information set forth in the sections entitled “Principal Accountant Fees and Services” and “Policy on Audit Committee Pre-Approval of Audit Services And Permissible Non-Audit Services of Independent Accountants” contained in our definitive proxy statement for the 2010 Annual Meeting of Shareholders to be held on March 17, 2010 is incorporated herein by reference.

PART IV

Item 15. Exhibits and Financial Statement Schedules

(a)(1) *Financial Statements.* The following documents are filed as a part of this report:

	Page
Management’s Report on Internal Control Over Financial Reporting.....	17
Reports of Independent Registered Public Accounting Firms.....	22-23
Consolidated Balance Sheets as of October 30, 2009 and October 31, 2008	24
Consolidated Statements of Operations for years ended October 30, 2009 and October 31, 2008.....	25
Consolidated Statements of Shareholders’ Equity and Comprehensive Income for years October 30, 2009 and October 31, 2008	25
Consolidated Statements of Cash Flows for years ended October 30, 2009 and October 31, 2008	26
Notes to Consolidated Financial Statements.....	27

(2) *Financial Statement Schedule*

The following financial statement is filed herewith:

Schedule II - Valuation and Qualifying Accounts	39
---	----

(3) Exhibits

(a) The exhibits below are filed or incorporated herein by reference.

Exhibit Number	Description
3.5	Restated Articles of Incorporation, dated December 29, 1989 (filed as Exhibit 3.5 to Form 10-K on January 28, 1993 and incorporated herein by reference).
3.6	Amendment to Articles of Incorporation, dated July 27, 1990 (filed as Exhibit 3.6 to Form 10-K on January 28, 1993 and incorporated herein by reference).
3.7	By-laws, as amended (filed as Exhibit 2 to Form 10-K on January 28, 1993 and incorporated herein by reference).
3.8	Certificate of Amendment to By-laws (filed as Exhibit 99.1 to Form 8-K on October 10, 2007 and incorporated herein by reference).
10.1	Bridgford Foods Corporation Defined Benefit Pension Plan (filed as Exhibit 10.1 to Form 10-K on January 28, 1993 and incorporated herein by reference).*
10.2	Bridgford Foods Corporation Supplemental Executive Retirement Plan (filed as Exhibit 10.2 to Form 10-K on January 28, 1993 and incorporated herein by reference).*
10.3	Bridgford Foods Corporation Deferred Compensation Savings Plan (filed as Exhibit 10.3 to Form 10-K on January 28, 1993 and incorporated herein by reference).*
10.4	Bridgford Foods Corporation 1999 Stock Incentive Plan and Form of Stock Option Agreement (filed as Exhibit 4.1 to Form S-8 on May 28, 1999 and incorporated herein by reference).*
21.1	Subsidiaries of the Registrant.
24.1	Power of Attorney (included as part of the signature page)
31.1	Certification of Principal Executive Officer, Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
31.2	Certification of Principal Financial Officer, Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
32.1	Certification Pursuant to 18 U.S.C. Section 1350, as Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 (Principal Executive Officer).
32.2	Certification Pursuant to 18 U.S.C. Section 1350, as Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 (Principal Financial Officer).

* Each of these Exhibits constitutes a management contract, compensatory plan or arrangement.

SIGNATURES

Pursuant to the requirements of Section 13 or 15(d) of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BRIDGFORD FOODS CORPORATION
Registrant

By: /s/ WILLIAM L. BRIDGFORD
William L. Bridgford
Chairman

Date: January 28, 2010

POWER OF ATTORNEY

We, the undersigned directors and officers of Bridgford Foods Corporation, do hereby constitute and appoint William L. Bridgford and Raymond F. Lancy, or either of them, with full power of substitution and resubstitution, our true and lawful attorneys and agents, to do any and all acts and things in our name and behalf in our capacities as directors and officers and to execute any and all instruments for us and in our names in the capacities indicated below, which said attorneys and agents, or either of them, or their substitutes, may deem necessary or advisable to enable said corporation to comply with the Securities Exchange Act of 1934, as amended, and any rules, regulations and requirements of the Securities and Exchange Commission in connection with this Annual Report on Form 10-K, including specifically, but without limitation, power and authority to sign for us or any of us in our names and in the capacities indicated below, any and all amendments; and we do hereby ratify and confirm all that the said attorneys and agents, or either of them, shall do or cause to be done by virtue hereof.

Pursuant to the requirements of the Securities Exchange Act of 1934, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated

<u>Signature</u>	<u>Title</u>	<u>Date</u>
<u>/s/ WILLIAM L. BRIDGFORD</u> William L. Bridgford	Chairman (Principal Executive Officer)	January 28, 2010
<u>/s/ ALLAN L. BRIDGFORD</u> Allan L. Bridgford	Senior Chairman	January 28, 2010
<u>/s/ BRUCE H. BRIDGFORD</u> Bruce H. Bridgford	Director	January 28, 2010
<u>/s/ JOHN V. SIMMONS</u> John V. Simmons	President	January 28, 2010
<u>/s/ RAYMOND F. LANCY</u> Raymond F. Lancy	Chief Financial Officer (Principal Financial Officer)	January 28, 2010
<u>/s/ TODD C. ANDREWS</u> Todd C. Andrews	Director	January 28, 2010
<u>/s/ RICHARD A. FOSTER</u> Richard A. Foster	Director	January 28, 2010
<u>/s/ ROBERT E. SCHULZE</u> Robert E. Schulze	Director	January 28, 2010
<u>/s/ D. GREGORY SCOTT</u> D. Gregory Scott	Director	January 28, 2010
<u>/s/ PAUL R. ZIPPWALD</u> Paul R. Zippwald	Director	January 28, 2010

Report Of Independent Registered Public Accounting Firm

To the Board of Directors and Shareholders
Bridgford Foods Corporation

We have audited the accompanying consolidated balance sheet of Bridgford Foods Corporation (the Company) as of October 30, 2009 and the related consolidated statements of operations, shareholders' equity and comprehensive income (loss) and cash flows for the year then ended. Our audit also included the financial statement Schedule II of the Company. These financial statements and financial statement schedule are the responsibility of the Company's management. Our responsibility is to express an opinion on these consolidated financial statements and financial statement schedule based on our audit.

We conducted our audit in accordance with the standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the consolidated financial statements referred to above present fairly, in all material respects, the consolidated financial position of Bridgford Foods Corporation and the results of its consolidated operations and its cash flows for the year then ended, in conformity with U.S. generally accepted accounting principles. Also, in our opinion, the related financial statement schedule, when considered in relation to the basic consolidated financial statements taken as a whole, presents fairly, in all material respects, the information set forth therein.

We were not engaged to examine management's assessment of the effectiveness of Bridgford Foods Corporation's internal control over financial reporting as of October 30, 2009 included in the accompanying Management's Annual Report on Internal Control Over Financial Reporting under Item 9A and, accordingly, we do not express an opinion thereon.

/s/ Squar, Milner, Peterson, Miranda & Williamson, LLP

Newport Beach, California
January 27, 2010

Report Of Independent Registered Public Accounting Firm

To the Board of Directors and Shareholders
Bridgford Foods Corporation

We have audited the accompanying consolidated balance sheet of Bridgford Foods Corporation (the “Company”) as of October 31, 2008 and the related consolidated statements of operations, shareholders’ equity and comprehensive income and cash flows for the fiscal year then ended. In connection with our audit of the consolidated financial statements, we also have audited the supplementary information included in Schedule II. These consolidated financial statements and the financial statement schedule are the responsibility of the Company’s management. Our responsibility is to express an opinion on these consolidated financial statements and the financial statement schedule based on our audit.

We conducted our audit in accordance with the standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the consolidated financial statements are free of material misstatement. The Company is not required to have, nor were we engaged to perform, an audit of its internal control over financial reporting. Our audit included consideration of internal control over financial reporting as a basis for designing audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company’s internal control over financial reporting. Accordingly, we express no such opinion. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provided a reasonable basis for our opinion.

In our opinion, the consolidated financial statements referred to above present fairly, in all material respects, the consolidated financial position of the Company as of October 31, 2008, and the consolidated results of its operations and its cash flows for the fiscal year then ended, in conformity with accounting principles generally accepted in the United States of America. Also in our opinion, the related financial statement schedule, when considered in relation to the basic financial statements taken as a whole, presents fairly, in all material respects, the information set forth therein.

/s/ Haskell & White LLP

Irvine, California
January 28, 2009

BRIDGFORD FOODS CORPORATION
CONSOLIDATED BALANCE SHEETS
October 30, 2009 and October 31, 2008
(in thousands, except per share amounts)

	2009	2008
ASSETS		
Current assets:		
Cash and cash equivalents	\$ 13,911	\$ 6,092
Accounts receivable, less allowance for doubtful accounts of \$404 and \$397, respectively and promotional allowances of \$1,962 and \$2,015, respectively ...	9,718	8,867
Inventories	15,595	16,052
Prepaid expenses.....	621	442
Refundable income taxes	168	464
Deferred income taxes, less valuation allowance of \$1,852 and \$2,422, respectively	—	—
Total current assets	40,013	31,917
Property, plant and equipment, net of accumulated depreciation of \$55,362 and \$53,740, respectively	8,300	9,775
Other non-current assets	10,586	10,263
Deferred income taxes, less valuation allowance of \$6,592 and \$6,193, respectively ...	—	—
Total assets	\$ 58,899	\$ 51,955
LIABILITIES AND SHAREHOLDERS' EQUITY		
Current liabilities:		
Accounts payable	\$ 4,227	\$ 3,072
Accrued payroll, advertising and other expenses.....	5,320	6,850
Current portion of non-current liabilities	3,667	1,555
Total current liabilities	13,214	11,477
Non-current liabilities	13,262	7,943
Total liabilities	26,476	19,420
Contingencies and commitments (Notes 3, 5 and 6).....	—	—
Shareholders' equity:		
Preferred stock, without par value		
Authorized - 1,000 shares; issued and outstanding – none	—	—
Common stock, \$1.00 par value		
Authorized - 20,000 shares; issued and outstanding – 9,355 and 9,435 in 2009 and 2008, respectively	9,412	9,492
Capital in excess of par value	10,646	11,204
Retained earnings.....	21,085	14,298
Accumulated other comprehensive loss.....	(8,720)	(2,459)
Total shareholders' equity	32,423	32,535
	\$ 58,899	\$ 51,955

See accompanying notes to consolidated financial statements.

BRIDGFORD FOODS CORPORATION
CONSOLIDATED STATEMENTS OF OPERATIONS
For the years ended October 30, 2009 and October 31, 2008
(in thousands, except share and per share amounts)

	<u>2009</u>	<u>2008</u>
Net sales.....	\$ 122,665	\$ 120,990
Cost of products sold, excluding depreciation	71,170	80,323
Selling, general and administrative expenses	41,720	43,252
Depreciation.....	2,733	3,283
	<u>115,623</u>	<u>126,858</u>
Income (loss) before taxes	7,042	(5,868)
Provision for income taxes	255	6,579
Net income (loss).....	<u>\$ 6,787</u>	<u>\$ (12,447)</u>
Basic earnings (loss) per share.....	<u>\$ 0.72</u>	<u>\$ (1.30)</u>
Shares used to compute basic earnings (loss) per common share.....	<u>9,411,181</u>	<u>9,577,286</u>
Diluted earnings (loss) per share.....	<u>\$ 0.72</u>	<u>\$ (1.30)</u>
Shares used to compute diluted earnings (loss) per common share.....	<u>9,411,181</u>	<u>9,577,286</u>

CONSOLIDATED STATEMENTS OF SHAREHOLDERS' EQUITY
AND COMPREHENSIVE INCOME (LOSS)
For the years ended October 30, 2009 and October 31, 2008
(in thousands)

	<u>Shares</u>	<u>Amount</u>	<u>Capital in excess of par value</u>	<u>Retained earnings</u>	<u>Accumulated other comprehensive income (loss)</u>	<u>Total shareholders' equity</u>
Balance, November 2, 2007.....	9,889	\$ 9,946	\$ 13,789	\$ 26,837	\$ (603)	\$ 49,969
Adoption of ASC 740-10 (Note 4)				(92)		(92)
Shares repurchased and retired.....	(454)	(454)	(2,585)			(3,039)
Net loss				(12,447)		(12,447)
Other comprehensive net income (loss):						
Unrealized loss on investment (Note 1)					(106)	(106)
Net change in defined benefit plans.....					(2,093)	(2,093)
Net change in other benefit plans.....					343	343
Comprehensive loss						<u>(14,303)</u>
Balance, October 31, 2008.....	<u>9,435</u>	<u>9,492</u>	<u>11,204</u>	<u>14,298</u>	<u>(2,459)</u>	<u>32,535</u>
Shares repurchased and retired.....	(80)	(80)	(558)			(638)
Net income.....				6,787		6,787
Other comprehensive net income (loss):						
Unrealized gain on investment (Note 1)					180	180
Net change in defined benefit plans.....					(6,247)	(6,247)
Net change in other benefit plans.....					(194)	(194)
Comprehensive income.....						<u>526</u>
Balance, October 30, 2009.....	<u>9,355</u>	<u>\$ 9,412</u>	<u>\$ 10,646</u>	<u>\$ 21,085</u>	<u>\$ (8,720)</u>	<u>\$ 32,423</u>

See accompanying notes to consolidated financial statements.

BRIDGFORD FOODS CORPORATION
CONSOLIDATED STATEMENTS OF CASH FLOWS
For the years ended October 30, 2009 and October 31, 2008
(in thousands)

	2009	2008
Cash flows from operating activities:		
Net income (loss).....	\$ 6,787	\$ (12,447)
Adjustments to reconcile net income (loss) to net cash provided by (used in) operating activities:		
Depreciation.....	2,733	3,283
Provision (recovery) on losses on accounts receivable.....	78	(194)
(Gain) on sale of property, plant and equipment.....	(11)	(27)
Loss on sale of equity securities	159	—
Deferred income taxes, net	171	(2,107)
Tax valuation allowance	(171)	8,615
Changes in operating assets and liabilities:		
Accounts receivable.....	(929)	(111)
Inventories	457	2,281
Prepaid expenses.....	1	524
Refundable income taxes	296	33
Other non-current assets	(750)	928
Accounts payable.....	1,154	96
Accrued payroll, advertising and other expenses.....	(1,525)	1,504
Current portion of non-current liabilities	2,071	(2,116)
Non-current liabilities	(1,085)	(656)
Net cash provided by (used in) operating activities	9,436	(394)
Cash used in investing activities:		
Proceeds from sale of equity securities.....	268	—
Proceeds from sale of property, plant and equipment.....	56	69
Additions to property, plant and equipment.....	(1,303)	(1,880)
Net cash used in investing activities	(979)	(1,811)
Cash used in financing activities:		
Shares repurchased	(638)	(3,039)
Net cash used in financing activities.....	(638)	(3,039)
Net increase (decrease) in cash and cash equivalents	7,819	(5,244)
Cash and cash equivalents at beginning of year	6,092	11,336
Cash and cash equivalents at end of year.....	\$ 13,911	\$ 6,092
Supplemental disclosure of cash flow information:		
Cash paid for income taxes.....	\$ 318	\$ —

See accompanying notes to consolidated financial statements.

BRIDGFORD FOODS CORPORATION
NOTES TO CONSOLIDATED FINANCIAL STATEMENTS
(amounts in thousands except share amounts, per share amounts, time periods and percentages)

NOTE 1- *The Company and Summary of Significant Accounting Policies:*

The consolidated financial statements include the accounts of our company and its subsidiaries, all of which are wholly-owned. All inter-company transactions have been eliminated.

Use of estimates and assumptions

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make certain estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements, as well as the reported revenues and expenses during the respective reporting periods. Actual results could differ from those estimates. Amounts estimated related to liabilities for self-insured workers' compensation, employee healthcare and pension benefits and impairment of deferred tax assets are especially subject to inherent uncertainties and these estimated liabilities may ultimately settle at amounts which may vary from current estimates. Other areas with underlying estimates include cash surrender or contract value for life insurance policies, promotional allowances and the allowance for doubtful accounts. Management believes its current estimates are reasonable and based on the best information available at the time.

We are required to test long-lived assets for recoverability whenever events or changes in circumstances indicate that the carrying amount may not be recoverable. If an impairment is indicated, we must measure the fair value of assets to determine if and when adjustments are to be recorded.

Subsequent events

We have evaluated the effects of subsequent events through January 27, 2010 that may cause the financial statements to be misleading. Based on our review, no material events were identified that require adjustment to the financial statements or additional disclosure. On November 12, 2009, we issued a press release announcing that our Board of Directors approved a cash dividend of \$0.10 per share on common stock which was distributed on January 4, 2010 to shareholders of record on December 8, 2009.

Concentrations of credit risk

Our credit risk is diversified across a broad range of customers and geographic regions. Losses due to credit risk have recently been immaterial. The carrying amount of cash equivalents, accounts and other receivables, accounts payable and accrued liabilities approximate fair market value due to the short maturity of these instruments. We maintain cash balances at financial institutions, which may at times exceed the amounts insured by the Federal Deposit Insurance Corporation of \$250 per institution through December 31, 2013. However, management does not believe there is significant credit risk associated with these financial institutions. The provision for doubtful accounts receivable is based on historical trends and current collectibility risk. We have significant amounts receivable with a few large, well known customers which, although historically secure, could be subject to material risk should these customers' operations suddenly deteriorate. Sales to Wal-Mart® comprised 11.4% of revenues in fiscal year 2009 and 13.3% of accounts receivable was due from Wal-Mart® at October 30, 2009. Sales to Wal-Mart® comprised 10.2% of revenues in fiscal year 2008 and 14.2% of accounts receivable was due from Wal-Mart® at October 31, 2008.

Business segments

Our Company and its subsidiaries operate in two business segments - the processing and distribution of frozen foods, and the processing and distribution of refrigerated and snack food products. See Note 7 to the financial statements for further information.

Fiscal year

We maintain our accounting records on a 52-53 week fiscal basis. Fiscal years 2009 and 2008 included 52 weeks.

Revenues

Revenues are recognized upon passage of title to the customer, typically upon product pick-up, shipment or delivery to customers. Products are delivered to customers primarily through our own long-haul fleet or through a Company owned direct store delivery system. These delivery costs, \$5,248 and \$6,915 for 2009 and 2008, respectively, are included in selling, general and administrative expenses in the accompanying consolidated financial statements. We record promotional and returns allowances based on recent and historical trends. Revenue is recognized as the net amount estimated to be received after deducting estimated amounts for discounts, trade allowances and product terms. Promotional allowances, including customer incentive and trade promotion activities, are recorded as a reduction to sales based on amounts estimated being due to customers, based primarily on historical utilization and redemption rates. Promotional allowances deducted from sales for fiscal years 2009 and 2008 were \$7,147 and \$6,909, respectively.

Advertising expenses

Advertising and other promotional expenses are recorded as selling, general and administrative expenses. Advertising expenses for fiscal years 2009 and 2008 were \$3,602 and \$3,508, respectively.

Cash equivalents

We consider all investments with original maturities of three months or less to be cash equivalents. Cash equivalents include money market funds and treasury bills. We had cash equivalents of \$13,911 at October 30, 2009 and \$6,092 at October 31, 2008.

Investments

We routinely classify certain equity securities as available for sale and measure them at market value (fair value). All equity securities were sold in October 2009. Equity securities received from customers as part of bankruptcy settlements are classified as available for sale and deemed Level 1 as described below under "Fair value measurements". Changes in unrealized gains or losses are recorded in other comprehensive income as a component of stockholders' equity.

Available for sale securities as of October 31, 2008:

Market value of investment in securities	\$	250
Acquisition value of investments in securities		430
Unrealized (loss) on investment	\$	<u>(180)</u>

Fair value measurements:

Effective November 1, 2008, we adopted guidance from the Financial Accounting Standards Board ("FASB"). The purpose of this guidance is to define fair value, establish a framework for measuring fair value and enhance disclosures about fair value measurements. The standard describes three levels of inputs that may be used to measure fair value:

- Level 1 inputs: Level 1 inputs are quoted market prices in active markets for identical assets or liabilities that are accessible at the measurement date.
- Level 2 inputs: Level 2 inputs are from other than quoted market prices included in Level 1 that are observable for the asset or liability, either directly or indirectly.
- Level 3 inputs: Level 3 inputs are unobservable and should be used to measure fair value to the extent that observable inputs are not available.

The hierarchy noted above requires us to minimize the use of unobservable inputs and to use observable market data, if available, when determining fair value.

Financial assets carried at fair value as of October 30, 2009 are classified below:

2009	Level 1	Level 2	Level 3	Total
Money market funds	\$ 6,038	\$ —	\$ —	\$ 6,038
Total	\$ 6,038	\$ —	\$ —	\$ 6,038

Inventories

Inventories are valued at the lower of cost (which approximates actual cost on a first-in, first-out basis) or market. Costs related to warehousing, transportation and distribution to customers are considered when computing market value. Inventories include the cost of raw materials, labor and manufacturing overhead. We regularly review inventory quantities on hand and write down any excess or obsolete inventories to net realizable value. An inventory reserve is created when potentially slow-moving or obsolete inventories are identified in order to reflect the appropriate inventory value. Changes in economic conditions, production requirements, and lower than expected customer demand could result in additional obsolete or slow-moving inventory that cannot be sold or must be sold at reduced prices and could result in additional reserve provisions.

Property, plant and equipment

Property, plant and equipment are carried at cost less accumulated depreciation. Major renewals and improvements are charged to the asset accounts while the cost of maintenance and repairs is charged to expense as incurred. When assets are sold or otherwise disposed of, the cost and accumulated depreciation are removed from the respective accounts and the resulting gain or loss is credited or charged to income. Depreciation is computed on a straight-line basis over 10 to 20 years for buildings and improvements, 5 to 10 years for machinery and equipment, and 3 to 5 years for transportation equipment.

Insurance policies

We record the cash surrender value or contract value for life insurance policies as an adjustment of premiums paid in determining the expense or income to be recognized under the contract for the period.

Income taxes

Deferred taxes are provided for items whose financial and tax bases differ. A valuation allowance is provided against deferred tax assets when it is expected that it is more likely than not that the related asset will not be fully realized.

We provide tax reserves for federal, state, local and international exposures relating to audit results, tax planning initiatives and compliance responsibilities. The development of these reserves requires judgments about tax issues, potential outcomes and timing. (See Note 4 to the financial statements). Although the outcome of these tax audits is uncertain, in management's opinion adequate provisions for income taxes have been made for potential liabilities emanating from these reviews. If actual outcomes differ materially from these estimates, they could have a material impact on our results of operations.

Stock-based compensation

We measure and recognize compensation expense for all share-based payments to employees, including grants of employee stock options, in the financial statements based on the fair value at the date of the grant. We have not issued, awarded, granted or entered into any stock-based payment agreements since April 29, 1999.

Basic and diluted earnings per share

Basic earnings per share is calculated based on the weighted average number of common shares outstanding for all periods presented. Diluted earnings per share is calculated based on the weighted average number of common shares outstanding plus shares issuable on conversion or exercise of all potentially dilutive securities (stock options). There were no potentially dilutive securities during the fiscal years ended October 30, 2009 and October 31, 2008.

Foreign currency transactions

Our foreign branch located in Canada enters into transactions that are denominated in a foreign currency. The related transaction gains and losses arising from changes in exchange rates are not material and are included in selling, general and administrative expenses in the consolidated statement of operations in the period the transaction occurred.

Comprehensive income (loss)

Comprehensive income (loss) is defined as the change in equity (net assets) of a business enterprise during the period from transactions and other events and circumstances from non-owner sources. Comprehensive income (loss) consists of net income (loss), additional minimum pension liability adjustments and unrealized gains and losses on equity securities.

Recently issued accounting pronouncements and regulations

In December 2007, the FASB issued guidance establishing principles and requirements for how an acquirer in a business combination: 1) recognizes and measures in its financial statements identifiable assets acquired, liabilities assumed, and any noncontrolling interest in the acquiree; 2) recognizes and measures goodwill acquired in a business combination or a gain from a bargain purchase; and 3) determines what information to disclose to enable users of the financial statements to evaluate the nature and financial effects of a business combination. This guidance is effective for business combinations for which the acquisition date is on or after the beginning of the first annual reporting period beginning on or after December 15, 2008. Therefore, we expect to adopt this guidance for any business combinations entered into beginning in fiscal 2010, if any.

In December 2008, the FASB issued additional guidance on an employers' disclosures about plan assets of a defined benefit pension or other postretirement plan. This interpretation is effective for financial statements issued for fiscal years ending after December 15, 2009. We plan to adopt this interpretation in fiscal 2010. The adoption of this interpretation will increase the disclosures in the financial statements related to the assets of our defined benefit pension plans.

In April 2009, the FASB issued guidance about disclosures about Fair Value of Financial Instruments, to require disclosure of the carrying amount and the fair value of all financial instruments for interim reporting periods and annual financial statements of publicly traded companies (even if the financial instrument is not recognized in the balance sheet), including the methods and significant assumptions used to estimate the fair values and any changes in such methods and assumptions. This guidance requires disclosures in summarized financial information at interim reporting periods. The guidance is effective for interim reporting periods ending after June 15, 2009, with early adoption permitted for periods ended after March 15, 2009. The adoption of this standard did not have a significant impact on our consolidated financial statements.

In April 2009, the FASB also issued guidance which generally applies to all assets and liabilities within the scope of any accounting pronouncements that require or permit fair value measurements. This guidance does not change previously issued guidance regarding Level 1 inputs, requires the entity to (i) evaluate certain factors to determine whether there has been a significant decrease in the volume and level of activity for the asset or liability when compared with normal market activity, (ii) consider whether the preceding indicates that transactions or quoted prices are not determinative of fair value and, if so, whether a significant adjustment thereof is necessary to estimate fair value, and (iii) ignore the intent to hold the asset or liability when estimating fair value. Guidance was also provided to consider in determining whether a transaction is orderly (or not orderly) when there has been a significant decrease in the volume and level of activity for the asset or liability, based on the weight of available evidence. This guidance is effective for interim and annual reporting periods ending after June 15, 2009, and shall be applied prospectively. The adoption of this standard did not have a significant impact on our consolidated financial statements.

In June 2009, the FASB issued SFAS guidance on "The FASB Accounting Standards Codification and the Hierarchy of Generally Accepted Accounting Principles." This guidance designates the FASB Accounting Standards Codification, officially launched July 1, 2009, as the authoritative source of generally accepted accounting principles in the United States. Rules and interpretive releases of the Securities and Exchange Commission (the "SEC") under federal securities laws are also sources of authoritative GAAP for SEC registrants. This guidance is effective for financial statements issued for interim and annual periods ending after September 15, 2009. Adoption of this guidance did not have a material impact on our consolidated financial position, results of operations or cash flows.

NOTE 2- Composition of Certain Financial Statement Captions:

	<u>2009</u>	<u>2008</u>
Inventories:		
Meat, ingredients and supplies.....	\$ 4,488	\$ 4,086
Work in process	1,647	2,322
Finished goods.....	9,460	9,644
	<u>\$ 15,595</u>	<u>\$ 16,052</u>
Property, plant and equipment:		
Land.....	\$ 1,807	\$ 1,840
Buildings and improvements	13,476	13,440
Machinery and equipment	41,412	40,796
Asset impairment.....	(176)	(176)
Transportation equipment.....	6,931	7,368
Construction in process.....	212	247
	<u>63,662</u>	<u>63,515</u>
Accumulated depreciation	<u>(55,362)</u>	<u>(53,740)</u>
	<u>\$ 8,300</u>	<u>\$ 9,775</u>
Other non-current assets:		
Cash surrender value benefits.....	\$ 10,576	\$ 10,253
Intangible asset	10	10
	<u>\$ 10,586</u>	<u>\$ 10,263</u>
Accrued payroll, advertising and other expenses:		
Payroll, vacation, payroll taxes and employee benefits	\$ 3,596	\$ 4,793
Accrued advertising and broker commissions	1,012	1,031
Property taxes	372	356
Others.....	340	670
	<u>\$ 5,320</u>	<u>\$ 6,850</u>
Current portion of non-current liabilities:		
Incentive compensation	\$ 661	\$ 129
Defined benefit retirement plan	2,394	916
Other accrued retirement plans	544	510
Post retirement healthcare.....	68	—
	<u>\$ 3,667</u>	<u>\$ 1,555</u>
Non-current liabilities:		
Incentive compensation	\$ 1,224	\$ 241
Defined benefit retirement plan	7,647	3,354
Other accrued retirement plans	3,394	3,542
Post retirement healthcare.....	997	806
	<u>\$ 13,262</u>	<u>\$ 7,943</u>

NOTE 3- Retirement and Other Benefit Plans:

Noncontributory-Trusteed Defined Benefit Retirement Plans for Sales, Administrative, Supervisory and Certain Other Employees

We have noncontributory-trusteed defined benefit retirement plans for sales, administrative, supervisory and certain other employees. In the third quarter of fiscal 2006, we froze future benefit accruals under this plan for employees classified within the administrative, sales or supervisory job classifications or within any non-bargaining class. The benefits under these plans are primarily based on years of service and compensation levels. The funding policy of the plan is to make contributions which are at least equal to the minimum required contributions needed to avoid a funding deficiency. The measurement date for the plan is our fiscal year end.

Net pension cost consisted of the following:

	Years Ended	
	2009	2008
Service cost.....	\$ 102	\$ 148
Interest cost.....	2,023	1,948
Expected return on plan assets.....	(1,702)	(2,300)
Amortization of unrecognized loss.....	89	—
Amortization of unrecognized prior service costs.....	1	1
Net pension cost (income).....	<u>\$ 513</u>	<u>\$ (203)</u>

Net pension cost and benefit obligation are determined using assumptions as of the beginning of each fiscal year. Weighted average assumptions for the fiscal years are as follows:

	2009	2008
Discount rate.....	5.75%	8.00%
Rate of increase in salary levels.....	N/A	N/A
Expected return on plan assets.....	8.00%	8.00%

The benefit obligation, plan assets, and funded status of these plans as of the fiscal years ended are as follows:

	2009	2008
Change in benefit obligations:		
Benefit obligations - beginning of year.....	\$ 25,819	\$ 31,371
Service cost.....	102	148
Interest cost.....	2,023	1,948
Actuarial (gain) loss.....	8,062	(6,807)
Benefits paid.....	(964)	(841)
Benefit obligations - end of year.....	<u>35,042</u>	<u>25,819</u>
Change in plan assets:		
Fair value of plan assets - beginning of year.....	21,548	27,806
Employer contributions.....	989	2,467
Actual return on plan assets.....	3,428	(7,884)
Benefits paid.....	(964)	(841)
Fair value of plan assets - end of year.....	<u>25,001</u>	<u>21,548</u>
Funded status of the plans.....	(10,041)	(4,271)
Unrecognized prior service costs.....	7	8
Unrecognized net actuarial loss.....	10,202	3,954
Accrued pension cost.....	<u>\$ 168</u>	<u>\$ (309)</u>

Current accounting principles require that an internal rate of return analysis be included in the discount rate selection process. The discount rates were based on Citigroup Pension Liability Index as of October 30, 2009 and October 31, 2008.

Plan assets are primarily invested in marketable equity securities, corporate and government debt securities and are administered by an investment management company. The plans' long-term return on assets is based on the weighted-average of the plans' investment allocation as of the measurement date and the published historical returns for those types of asset categories, taking into consideration inflation rate forecasts. Our expected employer contribution to the plan in fiscal year 2010 is \$2,394.

The actual allocations as of the fiscal years ended and target allocation for plan assets are as follows:

Asset Class	2009	Target Asset Allocation	2008	Target Asset Allocation
Large Cap Equities	32.7%	40.0%	34.7%	40.0%
Mid Cap Equities	6.7%	10.0%	6.5%	10.0%
Small Cap Equities	4.2%	5.0%	3.8%	5.0%
International (including Non-U.S. Fixed Income)	18.3%	20.0%	10.8%	20.0%
Fixed Income	30.0%	0.0%	6.2%	0.0%
Other (Government/Corporate, Bonds)	0.0%	25.0%	29.0%	25.0%
Cash	8.1%	0.0%	9.0%	0.0%
Total.....	100.0%	100.0%	100.0%	100.0%

Expected payments for the pension benefits are as follows:

Fiscal Years	Pension Benefits
2010.....	\$ 1,187
2011.....	\$ 1,275
2012.....	\$ 1,419
2013.....	\$ 1,538
2014.....	\$ 1,661
2015-2019	\$ 9,924

Non-Qualified Supplemental Retirement Plan for Certain Key Employees

In fiscal year 1991, we adopted a non-qualified supplemental retirement plan for certain key employees. Benefits provided under the plan are equal to 60% of the employee's final average earnings, less amounts provided by our defined benefit pension plan and amounts available through Social Security. Effective January 1, 1991 we adopted a deferred compensation savings plan for certain key employees. Under this arrangement, selected employees contribute a portion of their annual compensation to the plan. We contribute an amount to each participant's account by computing an investment return equal to Moody's Average Seasoned Bond Rate plus 2%. Employees receive vested amounts upon death, termination or attainment of retirement age. No benefit expense was recorded under these plans for fiscal years 2009 and 2008. Benefits payable related to these plans and included in other non-current liabilities in the accompanying financial statements were \$3,394 and \$3,541 at October 30, 2009 and October 31, 2008, respectively. In connection with this arrangement we are the beneficiary of life insurance policies on the lives of certain key employees and retirees. The aggregate cash surrender value of these policies, included in non-current assets, was \$10,576 and \$10,254 at October 30, 2009 and October 31, 2008, respectively.

Expected payments for other postretirement benefits are as follows:

Fiscal Years	Other Postretirement Benefits
2010.....	\$ 512
2011.....	\$ 511
2012.....	\$ 511
2013.....	\$ 511
2014.....	\$ 521
2015-2019	\$ 1,178

Incentive Compensation Plan for Certain Key Executives

We provide an incentive compensation plan for certain key executives, which is based upon our pretax income. The payment of these amounts is generally deferred over three or five-year periods. The total amount payable related to this arrangement was \$1,885 and \$369 at October 30, 2009 and October 31, 2008, respectively. Future payments are approximately \$661, \$642, \$470, \$64 and \$48 for fiscal years 2010 through 2014, respectively.

Postretirement Healthcare Benefits for Selected Executive Employees

We provide postretirement health care benefits for selected executive employees. Net periodic postretirement healthcare cost is determined using assumptions as of the beginning of each fiscal year, except for the total actual benefit payments and the discount rate used to develop the net periodic postretirement benefit expense.

Net periodic postretirement healthcare cost consisted of the following:

	Years Ended	
	2009	2008
Service cost	\$ 11	\$ 15
Interest cost	62	72
Amortization of prior service cost.....	75	75
Amortization of actuarial loss	(23)	2
Net periodic postretirement healthcare cost	<u>\$ 125</u>	<u>\$ 164</u>

Weighted average assumptions for the fiscal years ended October 30, 2009 and October 31, 2008 are as follows:

	2009	2008
Discount rate	5.75 %	8.00 %
Medical trend rate next year.....	8.50 %	9.00 %
Ultimate trend rate.....	5.00 %	5.00 %
Year ultimate trend rate is achieved.....	2016	2016

The table below shows the estimated effect of a 1% increase in healthcare cost trend rate on the following:

	2009	2008
Interest cost plus service cost	\$ 7	\$ 10
Accumulated postretirement healthcare obligation	\$ 106	\$ 67

The table below shows the estimated effect of a 1% decrease in healthcare cost trend rate on the following:

	2009	2008
Interest cost plus service cost	\$ (6)	\$ (8)
Accumulated postretirement healthcare obligation	\$ (89)	\$ (57)

The healthcare obligation and funded status of this plan as of the fiscal years ended are as follows:

	2009	2008
Change in accumulated postretirement healthcare obligation:		
Healthcare obligations - beginning of year.....	\$ 806	\$ 1,196
Service cost.....	11	15
Interest cost.....	63	72
Actuarial loss (gain).....	216	(465)
Benefits paid	(30)	(12)
Healthcare obligations - end of year	<u>\$ 1,066</u>	<u>\$ 806</u>
Funded status of the plans	1,066	806
Unrecognized prior service costs.....	(149)	(224)
Unrecognized net actuarial loss	84	324
Accrued postretirement healthcare cost.....	N/A	N/A
Unrecognized amounts recorded in other comprehensive income	65	(100)
Postretirement healthcare liability	<u>\$ 1,066</u>	<u>\$ 806</u>

Expected payments for the postretirement benefits are as follows:

Fiscal Years	Postretirement Healthcare Benefits
2010	\$ 68
2011	\$ 68
2012	\$ 68
2013	\$ 67
2014	\$ 66
2015-2019	\$ 351

Stock Incentive Plan

Our sole stock option plan expired by its terms on April 29, 2009 and no further stock options or rights are available for grant under the plan. We had 250,000 employee stock options outstanding during the year ended October 31, 2008 and until April 29, 2009, when all outstanding options under the plan terminated as well. The effect of the employee stock options outstanding for the years ended October 30, 2009 and October 31, 2008 were not included in the calculation of diluted shares and diluted earnings per share as to do so would be anti-dilutive. No stock options or rights were granted during the years ended October 30, 2009 and October 31, 2008. As of April 29, 2009, there were no stock options or rights to purchase shares of our common stock outstanding.

401(K) Plan for Sales, Administrative, Supervisory and Certain Other Employees

During the fiscal year ended November 3, 2006, we implemented a qualified 401(K) retirement plan (the "Plan") for our sales, administrative, supervisory and certain other employees. During fiscal years 2009 and 2008, we made total contributions to the Plan in the amounts of \$409 and \$414, respectively.

NOTE 4- Income Taxes:

The provision (benefit) for taxes on income includes the following:

	<u>2009</u>	<u>2008</u>
Current:		
Federal	\$ 25	\$ 1
State	230	70
	<u>255</u>	<u>71</u>
Deferred:		
Federal	—	5,557
State	—	951
	<u>—</u>	<u>6,508</u>
	<u>\$ 255</u>	<u>\$ 6,579</u>

The total tax provision (benefit) differs from the amount computed by applying the statutory federal income tax rate to income (loss) before income taxes as follows:

	<u>2009</u>	<u>2008</u>
Provision (benefit) for federal income taxes at the applicable statutory rate	\$ 2,394	\$ (1,995)
(Decrease) increase in provision resulting from state income taxes, net of federal income tax benefit	521	(372)
Research & development tax credit	(16)	(15)
Non-taxable life insurance gain	(110)	315
Change in valuation allowance	(2,551)	8,615
Other, net	17	31
	<u>\$ 255</u>	<u>\$ 6,579</u>

Deferred income taxes result from differences in the bases of assets and liabilities for tax and accounting purposes.

	<u>2009</u>	<u>2008</u>
Receivables allowance.....	\$ 161	\$ 158
Returns allowance.....	189	202
Inventory packaging reserve.....	26	209
Inventory capitalization.....	236	242
Incentive compensation.....	39	45
State taxes.....	78	24
Employee benefits.....	1,045	1,479
Other.....	78	63
Valuation allowance.....	(1,852)	(2,422)
Current tax assets, net.....	<u>\$ —</u>	<u>\$ —</u>
Incentive compensation.....	\$ 489	\$ 96
Pension and health care benefits.....	4,598	2,983
Depreciation.....	47	(125)
Net operating loss carry-forward.....	1,458	3,239
Valuation allowance.....	(6,592)	(6,193)
Non-current tax assets, net.....	<u>\$ —</u>	<u>\$ —</u>

Management is required to evaluate whether a valuation allowance should be established against its deferred tax assets based on the consideration of all available evidence using a "more likely than not" standard. Realization of deferred tax assets is dependent upon taxable income in prior carryback years, estimates of future taxable income, tax planning strategies, and reversals of existing taxable temporary differences. Forming a conclusion that a valuation allowance is not needed is difficult when there is negative evidence such as cumulative losses in recent years or losses expected in early future years. At the end of 2008, poor economic conditions included decreases in building and real estate values and a sharp decline in the stock market. Management concluded at the end of 2008 that it was more likely than not that deferred tax assets would not be realized and recorded a full valuation allowance on all deferred tax assets during the fourth quarter of fiscal 2008.

Management reevaluated the need for a full valuation allowance at the end of 2009. Management evaluated both positive and negative evidence. Although operating results improved significantly compared to the prior year, the weight of negative factors and level of economic uncertainty in our current business continued to support the conclusion that the realization of its deferred tax assets does not meet the more likely than not standard. Therefore, a full valuation allowance will remain against the net deferred tax assets.

As of October 30, 2009, we had net operating loss carryforwards of approximately \$3,347 and \$2,624 for federal and state purposes, respectively. These loss carryforwards will expire at various dates from 2012 through 2028.

In July 2006, the FASB issued guidance to clarify the accounting for uncertainty in income taxes recognized in an enterprise's financial statements. This interpretation prescribed a recognition threshold and measurement attribute for the financial statement recognition and measurement of a tax position taken or expected to be taken in a tax return. The guidance also discussed derecognition, classification, interest and penalties, accounting in interim periods, disclosure, and transition. The cumulative effect, if any, of applying this guidance is to be reported as an adjustment to the opening balance of retained earnings in the year of adoption. The provisions of this guidance have been incorporated into ASC 740-10.

As of October 30, 2009, we have provided a liability of \$103 for unrecognized tax benefits related to various federal and state income tax matters. This entire amount would generally reduce our effective income tax rate if recognized in future reporting periods. However, due to the valuation allowance against its deferred tax assets, the unrecognized tax benefit would not have an effect on the Company's effective income tax rate if recognized in future periods. We have not identified any new unrecognized tax benefits.

As of October 31, 2008, we have provided a liability of \$97 for unrecognized tax benefits related to various federal and state income tax matters. This entire amount would reduce our effective income tax rate if the asset is recognized in future reporting periods. We have not identified any new unrecognized tax benefits.

A reconciliation of the beginning and ending amounts of unrecognized tax benefits is as follows:

	<u>2009</u>	<u>2008</u>
Balance at beginning of year	\$97	92
Additions based on tax positions related to the current year	5	—
Additions for tax positions of prior years	<u>1</u>	<u>5</u>
Balance at end of year	<u>\$103</u>	<u>\$97</u>

We recognize any future accrued interest and penalties related to unrecognized tax benefits in income tax expense. As of October 30, 2009, we had approximately \$5 in accrued interest and penalties which is included as a component of the \$103 unrecognized tax benefit noted above.

We are subject to U.S. federal income tax, and are currently under audit by the Internal Revenue Service for the fiscal years ended November 1, 2002 and October 31, 2003 and November 3, 2006 and November 2, 2007. Our federal income tax returns are open to audit under the statute of limitations for the years ended October 31, 2006 through 2009. Our statute of limitations for our fiscal years ended November 1, 2002 and October 31, 2003 have been extended to October 31, 2010. We believe the appropriate provisions for all outstanding issues have been made for all years under audit.

We are subject to income tax in California and various other state taxing jurisdictions. Our state income tax returns are open to audit under the statute of limitations for the fiscal years ended October 31, 2005 through 2009.

We do not anticipate a significant change to the total amount of unrecognized tax benefits within the next 12 months.

NOTE 5- *Line of Credit:*

Under the terms of a revolving line of credit with Bank of America, we may borrow up to \$2,000 through April 30, 2010. The interest rate is at the bank's reference rate unless we elect an optional interest rate. The borrowing agreement contains various covenants, the more significant of which require us to maintain certain levels of shareholders' equity and working capital. We are currently in compliance with all provisions of the agreement. There were no borrowings under this line of credit during the years ended October 30, 2009 or October 31, 2008.

NOTE 6- *Contingencies and Commitments:*

We lease certain transportation under operating leases through 2011. The terms of the transportation leases provide for annual renewal options and contingent rental payments based upon mileage and adjustments of rental payments based on the Consumer Price Index. Minimum rental payments were \$425 in fiscal year 2009 and \$425 in fiscal year 2008. Contingent payments were approximately \$56 in fiscal year 2009 and \$124 in fiscal year 2008. Future minimum lease payments are approximately \$425 in the each of the years 2010 through 2011.

NOTE 7- *Segment Information:*

We have two reportable operating segments, Frozen Food Products (the processing and distribution of frozen products), and Refrigerated and Snack Food Products (the processing and distribution of refrigerated meat and other convenience foods).

We evaluate each segment's performance based on revenues and operating income. Selling and general administrative expenses include corporate accounting, information systems, human resource and marketing management at the corporate level. These activities are allocated to each operating segment based on revenues and/or actual usage.

The following segment information is for the years ended October 30, 2009 and October 31, 2008:

	Refrigerated				
	Frozen Food	and Snack Food			
2009	Products	Products	Other	Elimination	Totals
Sales.....	\$ 54,740	\$ 67,925	\$	\$	\$ 122,665
Intersegment sales.....		902		(902)	—
Net sales.....	54,740	68,827		(902)	122,665
Cost of products sold, excluding depreciation	31,079	40,993		(902)	71,170
Selling, general and administrative expenses.....	16,727	24,993			41,720
Depreciation.....	704	1,859	170		2,733
	48,510	67,845	170	(902)	115,623
Income (loss) before taxes	6,230	982	(170)		7,042
Provision for taxes on income	224	31			255
Net income (loss).....	<u>\$ 6,006</u>	<u>\$ 951</u>	<u>\$ (170)</u>	<u>\$</u>	<u>\$ 6,787</u>
Total assets	<u>\$ 11,416</u>	<u>\$ 22,520</u>	<u>\$ 24,963</u>	<u>\$ —</u>	<u>\$ 58,899</u>
Additions to property, plant and equipment	<u>\$ 730</u>	<u>\$ 283</u>	<u>\$ 290</u>	<u>\$ —</u>	<u>\$ 1,303</u>
	Refrigerated				
	Frozen Food	and Snack Food			
2008	Products	Products	Other	Elimination	Totals
Sales.....	\$ 52,868	\$ 68,122	\$ —	\$ —	\$ 120,990
Intersegment sales.....	—	1,487	—	(1,487)	—
Net sales.....	52,868	69,609	—	(1,487)	120,990
Cost of products sold, excluding depreciation	34,990	46,820	—	(1,487)	80,323
Selling, general and administrative expenses.....	15,720	27,532	—	—	43,252
Depreciation.....	784	2,192	307	—	3,283
	51,494	76,544	307	(1,487)	126,858
Income (loss) before taxes	1,374	(6,935)	(307)	—	(5,868)
Provision (benefit) for taxes on income.....	141	(1,319)	7,757	—	6,579
Net income (loss).....	<u>\$ 1,233</u>	<u>\$ (5,616)</u>	<u>\$ (8,064)</u>	<u>\$ —</u>	<u>\$ (12,447)</u>
Total assets	<u>\$ 11,657</u>	<u>\$ 23,400</u>	<u>\$ 16,898</u>	<u>\$ —</u>	<u>\$ 51,955</u>
Additions to property, plant and equipment	<u>\$ 255</u>	<u>\$ 1,505</u>	<u>\$ 120</u>	<u>\$ —</u>	<u>\$ 1,880</u>

NOTE 8- Unaudited Interim Financial Information

Not applicable to smaller reporting company.

BRIDGFORD FOODS CORPORATION
SCHEDULE II
VALUATION AND QUALIFYING ACCOUNTS
(in thousands)

Allowance for Doubtful Accounts

	Balance at Beginning of year	Changes in/ Provisions for Doubtful Accounts Receivable	Accounts Written Off Less Recoveries	Balance at Close of Period
Year ended October 30, 2009	\$ 397	\$ 78	\$ 71	\$ 404
Year ended October 31, 2008	\$ 482	\$ (194)	\$ (109)	\$ 397

Promotional Allowances

	Balance at Beginning of year	Allowance for Accruals	Promotions Incurred	Balance at Close of Period
Year ended October 30, 2009	\$ 2,015	\$ 7,147	\$ 7,200	\$ 1,962
Year ended October 31, 2008	\$ 1,980	\$ 6,909	\$ 6,874	\$ 2,015

Tax Valuation Allowance

	Balance at Beginning of year	Valuation Allowance Provision	Valuation Allowance Reversal	Balance at Close of Period
Year ended October 30, 2009	\$ 8,615	\$ —	\$ 171	\$ 8,444
Year ended October 31, 2008	\$ —	\$ 8,615	\$ —	\$ 8,615

BRIDGFORD FOODS CORPORATION

SUBSIDIARIES OF REGISTRANT

<u>Name of Subsidiary</u>	<u>State in which Incorporated</u>
Bridgford Marketing Company	California
Bridgford Meat Company	California
Bridgford Food Processing Corporation	California
Bridgford Food Processing of Texas, L.P.**	Texas
A.S.I. Corporation.....	California
Bridgford Distributing Company of Delaware (inactive)	Delaware
American Ham Processors, Inc.*	Delaware
Bert Packing Company (inactive).....	Illinois
Moriarty Meat Company (inactive)	Illinois

* - No shares have been issued.

** - Limited Partnership.

I, William L. Bridgford, certify that:

1. I have reviewed this annual report on Form 10-K of Bridgford Foods Corporation;
2. Based on my knowledge, this annual report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this annual report; and
3. Based on my knowledge, the financial statements, and other financial information included in this annual report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this annual report.
4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a. Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b. Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c. Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d. Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - a. All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b. Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Dated: January 28, 2010

/s/ WILLIAM L. BRIDGFORD
William L. Bridgford, Chairman
(Principal Executive Officer)

I, Raymond F. Lancy, certify that:

1. I have reviewed this annual report on Form 10-K of Bridgford Foods Corporation;
2. Based on my knowledge, this annual report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this annual report; and
3. Based on my knowledge, the financial statements, and other financial information included in this annual report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this annual report.
4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a. Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b. Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c. Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d. Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - a. All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b. Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Dated: January 28, 2010

/s/ RAYMOND F. LANCY
Raymond F. Lancy
(Principal Financial and Accounting Officer)

Certification Pursuant to 18 U.S.C. Section 1350,
As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002

I, William L. Bridgford, Chairman of the Board of Bridgford Foods Corporation (the “Company”), certify, pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, 18 U.S.C. Section 1350, that:

- (1) the Annual Report on Form 10-K of the Company for the fiscal year ended October 30, 2009 (the “Report”) fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m or 780(d)); and
- (2) the information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Dated: January 28, 2010

/s/ WILLIAM L. BRIDGFORD

William L. Bridgford,
Chairman of the Board
(Principal Executive Officer)

Certification Pursuant to 18 U.S.C. Section 1350,
As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002

I, Raymond F. Lancy, Chief Financial Officer, Vice President, Treasurer and Assistant Secretary of Bridgford Foods Corporation (the “Company”), certify, pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, 18 U.S.C. Section 1350, that:

- (1) the Annual Report on Form 10-K of the Company for the fiscal year ended October 30, 2009 (the “Report”) fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m or 780(d)); and
- (2) the information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Dated: January 28, 2010

/s/ RAYMOND F. LANCY

Raymond F. Lancy
Chief Financial Officer, Vice President
Treasurer and Assistant Secretary
(Principal Financial and Accounting Officer)

BRIDGFORD FOODS CORPORATION

NOTICE OF ANNUAL MEETING OF SHAREHOLDERS
March 17, 2010

To the Shareholders of
BRIDGFORD FOODS CORPORATION:

The annual meeting of the shareholders of Bridgford Foods Corporation, a California corporation, will be held at the offices of Bridgford Foods Corporation, 1308 North Patt Street, Anaheim, California, on Wednesday, March 17, 2010 at 10:00 a.m., for the following purposes:

- (1) To elect eight directors to hold office for one year or until their successors are elected and qualified.
- (2) To ratify the appointment of Squar, Milner, Peterson, Miranda & Williamson, LLP as our independent public accountants for the fiscal year ending on October 29, 2010.
- (3) To transact such other business as may properly come before the meeting, or any postponements or adjournments thereof.

Our Board of Directors recommends that you vote in favor of the foregoing items of business, which are more fully described in the proxy statement accompanying this notice.

Only shareholders of record at the close of business on February 5, 2010 are entitled to notice of and to vote at the meeting or any adjournment thereof.

Important Notice Regarding the Availability of Proxy Materials for the Annual Meeting of Shareholders to Be Held on March 17, 2010.

Pursuant to recent rules promulgated by the Securities and Exchange Commission, or the SEC, we have elected to provide access to our proxy materials both by sending you this full set of proxy materials, including a notice of annual meeting, proxy card and 2009 Annual Report to Shareholders, and by notifying you of the availability of our proxy materials on the Internet. **The notice of annual meeting, proxy statement, proxy card and 2009 Annual Report to Shareholders are available at <http://materials.proxyvote.com/108763>.** In accordance with SEC rules, the materials on the site are searchable, readable and printable and the site does not have "cookies" or other tracking devices which identify visitors.

All shareholders are cordially invited to attend the meeting in person. HOWEVER, TO ASSURE YOUR REPRESENTATION AT THE MEETING, THE BOARD OF DIRECTORS RESPECTFULLY URGES YOU TO SIGN, DATE AND PROMPTLY RETURN THE ACCOMPANYING PROXY CARD IN THE ENCLOSED POSTAGE-PREPAID ENVELOPE. If you attend the meeting in person, you may withdraw your proxy and vote your own shares. Shareholders attending the meeting whose shares are held in the name of a broker or other nominee who desire to vote their shares at the meeting should bring with them a proxy or letter from that firm confirming their ownership of shares. The meeting is located at Bridgford Foods Corporation, 1308 North Patt Street, at the intersection of Lemon St. and the 91 Freeway in the city of Anaheim, California. Additional driving directions may be obtained upon request by contacting the office manager at (714) 526-5533.

By order of the Board of Directors

/s/ Cindy Matthews-Morales

Cindy Matthews-Morales
Secretary

Anaheim, California
February 12, 2010

(This page intentionally left blank.)

BRIDGFORD FOODS CORPORATION
1308 North Patt Street, Anaheim, California 92801

PROXY STATEMENT

Annual Meeting of Shareholders to be held March 17, 2010

The enclosed proxy is solicited by the Board of Directors of Bridgford Foods Corporation, a California corporation (the "Company"), for use at the annual meeting of shareholders of the Company (the "Annual Meeting") to be held at the offices of Bridgford Foods Corporation, 1308 North Patt Street, Anaheim, California, on Wednesday, March 17, 2010 at 10:00 a.m., and at any adjournment thereof. All shareholders of record at the close of business on February 5, 2010 are entitled to notice of and to vote at such meeting. This Proxy Statement and the accompanying proxy are being mailed on or about February 12, 2010.

The persons named as proxies were designated by the Board of Directors and are officers and directors of the Company. Any proxy may be revoked or superseded by executing a later proxy or by giving notice of revocation in writing prior to, or at, the Annual Meeting, or by attending the Annual Meeting, withdrawing the proxy and voting in person. Attendance at the Annual Meeting will not in and of itself constitute revocation of the proxy. All proxies, which are properly completed, signed and returned to the Company prior to the Annual Meeting, and not revoked, will be voted in accordance with the instructions given in the proxy. If a choice is not specified in the proxy, the proxy will be voted FOR election of the director nominees proposed by the Board of Directors and FOR ratification of the Company's appointment of Squar, Milner, Peterson, Miranda & Williamson, LLP as independent public accountants for the Company. Management does not know of any matters which will be brought before the Annual Meeting other than those specifically set forth in the notice hereof. However, if any other matter properly comes before the Annual Meeting, it is intended that the proxies, or their substitutes, will vote on such matters in accordance with their best judgment.

Solicitation of proxies will be primarily by mail, although some of the officers, directors and employees of the Company may solicit proxies personally or by telephone, facsimile or electronic mail. All expenses incurred in connection with this solicitation will be borne by the Company. The Company will reimburse brokers and others who incur costs to send proxy materials to beneficial owners of stock in a broker or nominee name.

On February 5, 2010, there were 9,336,627 shares of common stock of the Company outstanding. The presence at the meeting of a majority of the outstanding shares, in person or by proxy relating to any matter to be acted upon at the meeting, is necessary to constitute a quorum for the meeting. Each share of common stock entitles the holder thereof to one vote on each matter to be voted upon by such shareholders and, upon prior notice, to cumulate votes for the election of directors. For purposes of the quorum and the discussion below regarding the vote necessary to take shareholder action, shareholders of record who are present at the meeting in person or by proxy and who abstain or withhold their vote, including brokers holding customers' shares of record who cause abstentions to be recorded at the meeting, are considered shareholders who are present and entitled to vote and count toward the quorum. Brokers holding shares of record for customers generally are not entitled to vote on certain matters unless they receive voting instructions from their customers. As used herein, "uninstructed shares" means shares held by a broker who has not received instructions from its customers on such matters and the broker has so notified the Company on a proxy form in accordance with industry practice or has otherwise advised the Company that it lacks voting authority. As used herein, "broker non-vote" means the votes that could have been cast on the matter in question by brokers with respect to uninstructed shares if the brokers had received their customers' instructions. The effect of proxies marked "withheld" as to any director nominee or "abstain" as to a particular proposal and broker non-votes on proposals Nos. 1 and 2 is discussed under each respective proposal.

PROPOSAL 1

ELECTION OF DIRECTORS

The directors of the Company are elected annually to serve until the next annual meeting of the shareholders or until their respective successors are elected. At the Annual Meeting, eight directors are to be elected. The election of directors shall be by the affirmative vote of the holders of a plurality of the shares voting in person or by proxy at the annual meeting. Every shareholder, or his proxy, entitled to vote upon the election of directors may cumulate his or her votes and give one candidate a number of votes equal to the number of directors to be elected multiplied by the number of votes to which his or her shares are entitled, or distribute his or her votes on the same principle among as many candidates as he or she thinks fit. No shareholder or proxy, however, shall be entitled to cumulate votes unless such candidate or candidates have been nominated prior to the voting and the shareholder has given notice at the meeting, prior to the voting, of the shareholder's intention to cumulate such shareholder's votes. If any one shareholder gives such notice, all shareholders may cumulate their votes for candidates in nomination. Each of these individuals has served as director since the last annual meeting. All current directorships are being filled.

The Company's Board of Directors recommends that you vote FOR the election of each of the nominees named below. Unless otherwise instructed, shares represented by the proxies will be voted FOR the election of the nominees listed below. Broker non-votes and proxies marked "withheld" as to one or more of the nominees will result in the respective nominees receiving fewer votes. However, the number of votes otherwise received by the nominee will not be reduced by such action. Each nominee has indicated that he is willing and able to serve as director if elected. In the event that any of such nominees shall become unavailable for any reason, an event which management does not anticipate, it is intended that proxies will be voted for substitute nominees designated by management.

The following table and biographical summaries set forth, with respect to each nominee for director, his age, the positions he holds in the Company and the year in which he first became a director of the Company. Data with respect to the number of shares of the Company's common stock beneficially owned by each of such directors as of February 5, 2010 appears under the caption "PRINCIPAL SHAREHOLDERS AND MANAGEMENT" below.

Name	Age	Current Position at the Company	Year First Became Director
Allan L. Bridgford	74	Senior Chairman of the Board and Member of the Executive Committee (1)(4)	1952
William L. Bridgford	55	Chairman of the Board and Member of the Executive Committee (1)(4)	2004
Bruce H. Bridgford	57	Director (1)(4)	2009
Robert E. Schulze	75	Director (2)(3)(4)	1980
Todd C. Andrews	44	Director (2)(3)(4)	2004
D. Gregory Scott	53	Director, Audit Committee and Compensation Committee Chairman (2)(3)(4)	2006
Richard A. Foster	74	Director (2)(3)(4)	2001
Paul R. Zippwald	72	Director (2)(3)(4)	1992

- (1) William L. Bridgford and Bruce H. Bridgford are cousins and are also each nephews of Allan L. Bridgford.
- (2) Member of Compensation Committee.
- (3) Member of Audit Committee.
- (4) Member of the Nominating Committee.

Directors

Allan L. Bridgford has served as Senior Chairman of the Board since March of 2006. From March of 1995 through March of 2006, Mr. Bridgford served as Chairman of the Board. He has been an employee of the Company since 1957, and reduced his work schedule to 80% in March of 2000 and 60% in March of 2005. Mr. Bridgford's base compensation was reduced by the same percentage as his work schedule reduction. Mr. Bridgford has also served as a member of the Executive Committee since 1972. He is a graduate of Stanford University with a Bachelors degree in Economics.

William L. Bridgford has served as Chairman of the Board since March of 2006. He previously served as President of the Company from June of 2004 until March of 2006, and Secretary of the Company for more than five years. Mr. Bridgford has been a full-time employee of the Company since 1981. Mr. Bridgford has also served as a member of the Executive Committee since 2004. Mr. Bridgford is a graduate of California State University of Fullerton in Business Management.

Bruce H. Bridgford has served as President of Bridgford Foods of California, a division of the Company, since March of 1999. Mr. Bridgford has been a full time employee of the Company since 1977 and is a graduate of the University of Southern California.

Robert E. Schulze is a Certified Public Accountant and previously served the Company in several capacities including President, Executive Vice President, Principal Financial Officer, Secretary and Treasurer. Mr. Schulze retired as an employee effective as of June 30, 2004. He attended Saint Louis University, University of California, Los Angeles and holds a BS in Accounting from California State University, Long Beach.

Todd C. Andrews is a Certified Public Accountant and currently serves as Vice President and Controller of Public Storage, Inc. headquartered in Glendale, California. Mr. Andrews has been employed by Public Storage, Inc. for more than the past five years. Mr. Andrews, a resident of Valencia, California, is a graduate of California State University, Northridge.

D. Gregory Scott is a Certified Public Accountant and currently serves as the Managing Director of Peak Holdings, LLC, an investment management company, based in Beverly Hills, California. Mr. Scott has been with Peak Holdings, LLC for more than the past five years. Peak Holdings, LLC and its affiliates own and manage in excess of three million square feet of office, retail and warehouse space throughout the United States.

Richard A. Foster holds a BS from Stanford University and an MS from the University of California, Los Angeles, and was President of Interstate Electronics Corporation, a wholly owned subsidiary of Figgie International, Inc., from 1979 until his retirement in 1991. Mr. Foster also served as Vice President of Figgie International, Inc. from 1986 to 1991.

Paul R. Zippwald was Regional Vice President and Head of Commercial Banking for Bank of America NT&SA, North Orange County, California, for more than five years prior to his retirement in July 1992. Mr. Zippwald is currently retired. He is a graduate of Dartmouth College's Tuck School of Business, and also holds a graduate degree from the American Institute of Banking.

The Company is considered a "controlled company" within the meaning of Rule 5615(c)(1) of the NASDAQ Marketplace Rules based on the approximate 75% ownership of the Company by Bridgford Industries Incorporated and is therefore exempted from various rules pertaining to certain "independence" requirements of its directors. Nevertheless, the Board of Directors has determined that Messrs. Andrews, Foster, Schulze, Scott and Zippwald are all "independent directors" within the meaning of Rule 5605 of the NASDAQ Marketplace Rules.

During fiscal year 2009 the Company's Board of Directors held twelve regular monthly meetings. Each of the nominees holding office during this period attended at least 75% of the aggregate of the number of monthly meetings of the Board of Directors and meetings of committees upon which he served. Non-employee directors were paid \$1,350 for each Board of Directors meeting attended. Employee directors received no additional compensation for their services.

Board Committees

The Board of Directors maintains three committees, the Compensation Committee, the Audit Committee and the Nominating Committee.

Compensation Committee

The Compensation Committee for fiscal year 2009 and as of the date of mailing of this proxy statement consists of Messrs. Andrews, Foster, Schulze, Scott and Zippwald. Each of the members of the Compensation Committee is a non-employee director and is independent as defined in Rule 4200(a) (15) of the NASDAQ Marketplace Rules. The Compensation Committee is responsible for establishing and administering the Company's compensation arrangements for all executive officers and directors.

The Compensation Committee meets no less frequently than annually as circumstances dictate to discuss and determine executive officer and director compensation. The Compensation Committee does not generally retain the services of any compensation consultants; however, from time to time it utilizes the competitive compensation data from public and private sources in connection with its annual review. The Compensation Committee has the power to form and delegate authority to subcommittees when appropriate, provided that such subcommittees are composed entirely of directors who would qualify for membership on the Compensation Committee. See "Compensation Discussion and Analysis" and "Director Compensation."

The Compensation Committee held one (2) meetings during fiscal 2009, which were attended by all committee members. No additional compensation is paid for participation on the Compensation Committee. The Compensation Committee does not operate under a written charter.

Audit Committee

The Audit Committee for fiscal year 2009 and as of the date of mailing of this proxy statement consists of Messrs. Andrews, Foster, Schulze, Scott and Zippwald, each of whom received \$200 to \$500 per meeting, depending on length of meeting attended. The Audit Committee has been established in accordance with SEC rules and regulations, and each of the members of the Audit

Committee is a non-employee director and is independent as defined in Rule 5605(c)(2) of the NASDAQ Marketplace Rules. The Board of Directors has determined that Messrs. Andrews, Schulze and Scott qualify as “financial experts” as such term is used in the rules and regulations of the Securities and Exchange Commission (the “SEC”).

The Audit Committee meets periodically with the Company’s independent registered public accountants and reviews the Company’s accounting policies and internal controls. It also reviews the scope and adequacy of the independent registered public accountants’ examination of the Company’s annual financial statements. In addition, the Audit Committee selects the firm of independent registered public accountants to be retained by the Company, subject to shareholder approval, pre-approves services rendered by its independent registered public accountants and pre-approves all related-party transactions. The Audit Committee held eleven (11) meetings during fiscal 2009. In addition, the Audit Committee holds a pre-earnings release conference with the Company’s independent registered public accountants on a quarterly basis. The Audit Committee operates under an Amended and Restated Charter dated August 14, 2006, a copy of which was filed as Exhibit A to the Company’s proxy statement for its 2008 Annual Meeting of Shareholders.

Nominating Committee

The Board of Directors has decided that the full Board should perform the functions of a nominating committee for the Company. It made that decision because the Board believes that selecting new Board nominees is one of the most important responsibilities the Board members have to the Company’s shareholders and, for that reason, all of the members of the Board should have the right and responsibility to participate in the selection process. In its role as nominating committee, the Board identifies and screens new candidates for Board membership. Nevertheless, actions of the Board, in its role as nominating committee, can be taken only with the affirmative vote of a majority of the independent directors on the Board, as defined by the NASDAQ Marketplace Rules. The Board last met in its role as nominating committee in August 2008 to approve the appointment of one new director. The nominating committee does not act pursuant to a written charter. Members reconfirm their interest annually to continue participation on the Board of Directors.

The Director Nominating Process

In identifying new Board candidates, the Board will seek recommendations from existing members and executive officers. In addition, the Board will consider any candidates that may have been recommended by any of the Company’s shareholders who have chosen to make those recommendations in accordance with the procedures described below. The Board in its capacity as nominating committee does not evaluate nominees recommended by shareholders differently from its evaluation of other director nominees. The Board also has the authority to engage an executive search firm and other advisors as it deems appropriate to assist in identifying qualified candidates for the Board.

In assessing and selecting Board candidates, the Board will consider such factors, among others, as the candidate’s independence, experience, knowledge, skills and expertise, as demonstrated by past employment and board experience; the candidate’s reputation for integrity; and the candidate’s participation in local community and local, state, regional or national charitable organizations. When selecting a nominee from among candidates considered by the Board, it will conduct background inquiries of and interviews with the candidates the Board members believe are best qualified to serve as directors. The Board members will consider a number of factors in making their selection of a nominee from among those candidates, including, among others, whether the candidate has the ability, willingness and enthusiasm to devote the time and effort required of members of the Board; whether the candidate has any conflicts of interest or commitments that would interfere with the candidate’s ability to fulfill the responsibilities of directors of the Company, including membership on Board committees; whether the candidate’s skills and experience would add to the overall competencies of the Board; and whether the candidate has any special background or experience relevant to the Company’s business.

Shareholder Recommendation of Board Candidates

Any shareholder desiring to submit a recommendation for consideration by the Board of a candidate that the shareholder believes is qualified to be a Board nominee at any upcoming shareholders meeting may do so by submitting that recommendation in writing to the Board not later than 120 days prior to the first anniversary of the date on which the proxy materials for the prior year’s annual meeting were first sent to shareholders. However, if the date of the upcoming annual meeting has been changed by more than 30 days from the date of the prior year’s meeting, the recommendation must be received within a reasonable time before the Company begins to print and mail its proxy materials for the upcoming annual meeting. In addition, the recommendation should be accompanied by the following information: (i) the name and address of the nominating shareholder and of the person or persons being recommended for consideration as a candidate for Board membership; (ii) the number of shares of voting stock of the Company that are owned by the nominating shareholder, his or her recommended candidate and any other shareholders known by the nominating shareholder to be supporting the candidate’s nomination; (iii) a description of any arrangements or understandings, that relate to the election of directors of the Company, between the nominating shareholder, or any person that (directly or indirectly through one or more intermediaries) controls, or is controlled by, or is under common control with, such shareholder and any other person or persons

(naming such other person or persons); (iv) such other information regarding each such recommended candidate as would be required to be included in a proxy statement filed pursuant to the proxy rules of the SEC; and (v) the written consent of each such recommended candidate to be named as a nominee and, if nominated and elected, to serve as a director. No director nominations by shareholders have been received as of the filing of this Proxy Statement.

Code of Ethics

The Company adopted a code of ethics that is applicable to, among other individuals, its principal executive officer, principal financial officer, principal accounting officer or controller, or persons performing similar functions, and posted the code of ethics on its website at <http://www.bridgford.com> (and designated therein as the Code of Conduct). Any amendment or waiver to the Company's code of ethics that applies to its directors or executive officers will be posted on its website or in a report filed with the SEC on Form 8-K.

Communications with the Board

Shareholders may communicate with the Board or any of the directors by sending written communications addressed to the Board or any of the directors, c/o Corporate Secretary, Bridgford Foods Corporation, 1308 North Patt Street, Anaheim, California 92801. All communications are compiled by the Corporate Secretary and forwarded to the Board or the individual director(s) accordingly.

Director Attendance at Annual Meetings

The Company does not currently have a specific policy regarding director attendance at annual shareholder meetings. However, directors are strongly encouraged to attend annual shareholder meetings. All eight (8) directors attended the 2009 annual meeting of the Company's shareholders.

Executive Officers

Members of the Company's Executive Committee, comprised of the five (5) executive officers named below, act in the capacity of Chief Executive Officer of the Company. The following five executive officers are elected annually to serve at the pleasure of the Board of Directors:

Allan L. Bridgford	Senior Chairman of the Board and Member of the Executive Committee (1)
Hugh Wm. Bridgford	Vice President and Chairman of the Executive Committee (1)
William L. Bridgford	Chairman of the Board and Member of the Executive Committee (1)
John V. Simmons	President and Member of the Executive Committee
Raymond F. Lancy	Chief Financial Officer, Vice President, Treasurer and Member of the Executive Committee

- (1) William L. Bridgford is the son of Hugh Wm. Bridgford, the nephew of Allan L. Bridgford and the cousin of Bruce H. Bridgford. Hugh Wm. Bridgford and Allan L. Bridgford are brothers.

A biographical summary regarding Messrs. Allan L. Bridgford and William L. Bridgford is set forth above under the caption "Directors." Biographical information with respect to the Company's other executive officers is set forth below:

Hugh Wm. Bridgford, age 78, has served as Vice President of the Company and Chairman of the Executive Committee since March of 1995. He previously served as Chairman of the Board of Directors of the Company for more than five years and has been a full time employee of the Company since 1955 and has served as a member of the Executive Committee since 1972.

John V. Simmons, age 54, has served as President of the Company and member of the Executive Committee since 2006. He previously served as Vice President of the Company for more than the five years.

Raymond F. Lancy, age 56, has served as Treasurer of the Company for more than the past five years. He has also served as a member of the Executive Committee since 2001, Vice President since 2001 and Chief Financial Officer since 2003.

PRINCIPAL SHAREHOLDERS AND MANAGEMENT

The following table sets forth certain information known to the Company with respect to the beneficial ownership of the Company's common stock as of February 5, 2010 by each shareholder known by the Company to be the beneficial owner of more than 5% of the Company's common stock, by each director and nominee for director, by each executive officer named in the

Summary Compensation Table and by all officers and directors as a group. The information as to each person or entity has been furnished by such person or group.

Amount and Nature of Shares Beneficially Owned

Name and Address of Beneficial Owner (1)	Sole Voting and Investment Power	Shared Voting and Investment Power (2)	Total Beneficially Owned (3)	Percentage of Outstanding Shares Beneficially Owned (3)
Bridgford Industries Incorporated 1707 Good-Latimer Expressway Dallas, TX 75226	7,156,396	—	7,156,396	76.6
Hugh Wm. Bridgford 1707 Good-Latimer Expressway Dallas, TX 75226	47,917	7,156,396	7,204,313	77.2
Allan L. Bridgford	155,882	7,156,396	7,312,278	78.3
Bruce H. Bridgford	7,986	7,156,396	7,164,382	76.7
Baron R.H. Bridgford 170 North Green St. Chicago, IL 60607	1,654	7,156,396	7,158,050	76.7
Robert E. Schulze	167,870	—	167,870	1.8
William L. Bridgford	6,175	7,156,396	7,162,571	76.7
John V. Simmons 1707 Good-Latimer Expressway Dallas, TX 75226	363		363	*
Todd C. Andrews	200		200	*
Richard A. Foster	2,234	—	2,234	*
D. Gregory Scott	8,550	—	8,550	*
Paul R. Zippwald	1,452	—	1,452	*
All directors and officers as a group (12 persons)	7,556,679	7,156,396	7,556,679	80.9

* Less than one percent (1%).

- (1) Unless otherwise indicated, the address of such beneficial owner is the Company's principal executive offices, 1308 North Patt Street, Anaheim, California 92801.
- (2) Represents shares beneficially owned by Bridgford Industries Incorporated, a Delaware corporation ("BII"), which presently has no other significant business or assets. Allan L. Bridgford, Hugh Wm. Bridgford, William L. Bridgford, Bruce H. Bridgford and Baron R.H. Bridgford presently own 16.06%, 10.54%, 7.48%, 10.29% and 9.54%, respectively, of the outstanding voting capital stock of BII and each has the right to vote as trustee or custodian for other shareholders of BII representing 0%, 0%, 0.58%, 0.63% and 1.75%, respectively, of such outstanding voting capital stock. The remaining percentage of BII stock is owned of record, or beneficially, by 32 additional members of the Bridgford family. The officers of BII jointly vote all shares.
- (3) Applicable percentage of ownership as of February 5, 2010 is based upon 9,336,627 shares of common stock outstanding. Beneficial ownership is determined in accordance with the rules of the SEC and includes voting and investment power with respect to shares shown as beneficially owned. Except as otherwise indicated, and subject to community property laws where applicable, to the knowledge of the Company the persons listed above have sole voting and investment power with respect to all shares shown as beneficially owned by them.

The Company is not aware of any arrangements that may at a subsequent date result in a change of control of the Company.

SECTION 16(A) BENEFICIAL OWNERSHIP REPORTING COMPLIANCE

Section 16(a) of the Securities Exchange Act of 1934, as amended, requires the Company's directors, executive officers, and holders of more than 10% of the Company's common stock, to file with the SEC initial reports of ownership and reports of changes in ownership of common stock of the Company. Officers, directors and 10% shareholders are required by SEC regulations to furnish the Company with copies of all Section 16(a) forms they file. To the Company's knowledge, based solely on the review of copies of such reports furnished to the Company and written representations that no other reports were required, during the fiscal year ended

October 30, 2009, all of the Company's officers, directors and 10% shareholders complied with all applicable Section 16(a) filing requirements.

COMPENSATION OF EXECUTIVE OFFICERS

Compensation Discussion and Analysis

Compensation Overview

This Compensation Discussion and Analysis provides information regarding the compensation paid to the Company's "named executive officers" or "NEOs," all of whom are members of the Executive Committee. Historically, the Company has been and continues to be principally managed by the Executive Committee. The Executive Committee, as a unit, serves as the Company's "Chief Executive Officer." The Executive Committee currently consists of the following five members:

- Hugh Wm. Bridgford, Vice President and Chairman of the Executive Committee
- Allan L. Bridgford, Senior Chairman of the Board
- William L. Bridgford, Chairman of the Board and Principal Executive Officer
- John V. Simmons, President
- Raymond F. Lancy, Chief Financial Officer, Vice President, Treasurer and Principal Financial Officer

The Company's executive compensation program is overseen by the Compensation Committee, or the Committee, which is comprised of certain non-employee members of the Company's Board of Directors. The basic responsibility of the Committee is to review the performance of the officers and key employees toward achieving the Company's strategic goals and to help ensure that the Company is able to attract and retain individuals who can lead the Company to achieve those goals.

One of the Company's primary strategic goals is to improve shareholder value while meeting its objectives for customer satisfaction, improved sales and financial performance, sound corporate governance, and competitive advantage. The Company's current emphases on controlling costs and improving profit margins on a consistent basis are also important factors which affect the Company's compensation decisions. The Committee's goal is to work with management to balance the Company's financial goals and circumstances with the need to attract, motivate and retain the fully qualified and capable individuals the Company needs to meet and surpass its customers' and shareholders' expectations in a highly-competitive industry.

Compensation Philosophy and Objectives

The core of the Company's executive compensation philosophy is to pay for performance. To that end, incentive bonus targets are set each year to reward excellent executive performance based upon the achievement of profit objectives by business unit and the Company's overall profitability based on pretax income, thus stimulating all executives to assume broad responsibility for the Company's overall financial welfare and performance.

The Compensation Committee's guiding principles are as follows:

- Work with management to provide a compensation program that recognizes individual contributions as well as the Company's overall business results;
- Provide reasonable levels of total compensation which will enable the Company to attract and retain qualified and capable executive talent within its industry while also considering the Company's current goals of controlling costs and effecting consistent improvements in its overall financial condition;
- Motivate executive officers to deliver optimum individual and departmental performance;
- Develop and reward a leadership team that is capable of successfully operating and growing an increasingly competitive and complex business in a rapidly changing industry;
- Ensure that executive compensation-related disclosures are made to the public on a timely basis.

Role of the Compensation Committee

The Compensation Committee sets and approves the NEO's total compensation. The compensation of all NEO's is recommended by the Executive Committee and, after review and analysis, approved by the Compensation Committee. The Compensation Committee met one time during fiscal year 2009. The responsibilities of the Compensation Committee are as follows:

- Review and approve the compensation structure and compensation for the Executive Committee, including base salary, benefits, bonus, incentive and equity compensation (if any). The full Board of Directors evaluation of the Executive Committee's performance is considered in setting incentives. The Committee seeks to maintain an appropriate balance, in light of overall Company performance and profitability, between the compensation of the Executive Committee and the compensation of other officers and employees generally.
- Review and approve on an annual basis the compensation structure and compensation for the Company's Executive Committee including base salary, incentive bonuses and equity compensation, if any. The Committee may also make any interim adjustments in any such compensation or plan as the Committee may deem appropriate, or as may be requested by the full Board of Directors or by senior management.
- Provide consultation and oversight of senior management's decisions concerning the compensation of management, including evaluation procedures for Company officers and other executives deemed eligible for performance incentives (bonuses) or equity compensation.
- Review and approve compensation packages for new executives and, as needed, termination packages for departing officers or other executives.
- Review and, as deemed necessary or desirable, oversee the administration of the Company's stock incentive and stock purchase plans, if any.
- Assist the Board of Directors and management in developing and evaluating potential candidates for executive positions.
- Advise the Board of Directors in its succession-planning initiatives for the Company's executive officers and other senior officers.
- Oversee preparation of a report on executive compensation as required for inclusion in the Company's annual proxy statement.

Role of Management in the Compensation Determination Process

The Company's senior management team, primarily the Senior Chairman and the Chairman of the Executive Committee, support the Committee in the executive compensation decision-making process. At the request of the Compensation Committee, the Senior Chairman presents his performance assessment and recommendations to the Committee regarding base salaries, incentive targets and profitability ranges, incentive plan structure and other compensation-related matters of the Company's executives (other than with respect to his own compensation).

Role of Compensation Consultant

The Compensation Committee has decided not to utilize the services of a paid compensation consultant after concluding that such a consultant would provide insufficient value for the cost thereof.

Total Compensation for Executive Officers

The compensation packages offered to the Company's executive officers are comprised of one or more of the following elements:

- Base salary;
- Annual cash bonus incentives;
- Post retirement healthcare and pension benefits.

The Company does not have any formal policies which dictate the amount to be paid with respect to each element, nor does it have any policies which dictate the relative proportion of the various elements. The Company also does not have any formal policies for allocating between cash and non-cash compensation or short-term and long-term compensation. Instead, the Company relies on the judgment of the Compensation Committee and input and feedback from the management team, including in particular the Senior Chairman of the Board and the Chairman of the Executive Committee. The Committee has no plans to adopt any such formulas, ratios or other such targets that might artificially dilute the Company's effectiveness in achieving its overall profit objectives. In fact, all of the Company's compensation policy decisions are made in the context of its current financial position and are subordinated to the Company's current goal of achieving overall profitability on an annual basis. Each of the compensation components is described in more detail below.

Base Salary

The Company provides executive officers and other employees with base salary to compensate them for services rendered during the fiscal year. The purpose of base salary is to reward effective fulfillment of the assigned job responsibilities, and to reflect the position's relative value to the Company and competitiveness of the executive job market. Base salaries for executive officers are determined based on the nature and responsibility of the position, salary norms (if any) for comparable positions, the expertise and effectiveness of the individual executive, and the competitiveness of the market for the executive officer's services.

The Company has successfully held most base salaries at the low end of the competitive range in order to reduce its overall cost structure and to achieve systematic improvement in the financial performance of the business without incurring a large turnover in executive talent and leadership.

Any "merit increases" for the Company's executive officers are subject to the same budgetary constraints as apply to all other employees and operating departments. Executive officer salaries are evaluated as part of the Company's annual review process and may be adjusted where justified in the context of the Company's current focus on profitability and controlling expenses.

For fiscal year 2009, the Compensation Committee set a base salary of \$4,345 per week for each Executive Committee member, reduced on a pro-rata basis for any member working less than a full time schedule. This change represented an approximate 3% increase in the base salary compared to fiscal year 2008.

Annual Cash Bonus Incentives

The Company's policy is to make a portion of each executive's compensation contingent upon the Company's basic financial performance as well as upon his own level of performance and contribution to the business or segment of the Company's operations. The achievement of specific strategic and individual goals is intended to correlate with the creation of quarterly and longer-term shareholder value. Profit-related annual bonus incentives allow the Company to offer a reasonably competitive total compensation package despite relatively lower base salaries, while directly aligning each executive's performance with the Company's overall financial performance. Annual bonus incentives and ranges are analyzed by the Executive Committee with oversight and approval of the Compensation Committee. For the fiscal year ended October 30, 2009, discretionary bonuses were accrued to members of the Company's Executive Committee in the amounts set forth in the column titled "Bonus" in the caption "Summary Compensation Table" below. The bonus amounts reflected for fiscal 2009 were calculated based on 3% of the Company's net income before taxes as pro-rated for part-time employment.

Long-Term Equity-Based Incentive Compensation

The Compensation Committee has concluded that long-term stock-related compensation has very limited if any value as an employee incentive or retention tool. Historically the Company's equity-based incentive awards have proved to have little or no value to the recipient.

Beginning in 2005, U.S. accounting rules required the Company to expense any stock option awards according to a formula which could impose a costly charge on the Company's income statements, thereby burdening or erasing its profit margins. Because of these factors, the Company has not granted stock options and awards to avoid the adverse effects of such expenses.

The Company aims to align its executive officers' interests with those of its shareholders by enhancing the link between the creation of sustainable profits and, in turn, improved shareholder value through the profit-related executive incentive compensation plan described above. The Compensation Committee believes that by increasing profit margins on a continuing basis the Company can derive long-term growth in shareholder value as reflected in the Company's market price per share.

Stock Options. In fiscal 2009, the Company did not award any stock options to the named executive officers or any of its other employees or directors. Historically, the number of stock options granted to an executive officer is based upon the executive

officer's position and level of responsibility. The Company does not issue discounted stock options or permit the re-pricing or reissue of previously issued options.

Restricted Stock. In fiscal 2009, the Company did not award any shares of restricted common stock to the named executive officers or to any of its other employees or directors. As with stock options, the number of shares of restricted stock that may be awarded to a named executive officer in the future, if any, will be based upon the executive's position and level of responsibility.

The Company's 1999 Stock Incentive Plan expired by its own terms on April 29, 2009 and no additional stock options or restricted stock may be granted thereunder.

Non-Qualified Deferred Compensation

Effective January 1, 1991 the Company adopted a deferred compensation savings plan for certain key employees. Under this arrangement, selected employees contributed a portion of their annual compensation to the plan. The Company contributed an amount to each participant's account by computing an investment return equal to Moody's Average Seasoned Bond Rate plus 2%. The purpose of the plan was to provide tax planning and supplemental funds upon retirement or death of certain selected employees and to aid in retaining and attracting employees of exceptional ability. Separate accounts are maintained for each participant to properly reflect his or her total vested account balance.

Pension and Retirement Benefits

Retirement Plan for Employees of Bridgford Foods Corporation for Administrative and Sales Employees. The Company has a defined benefit plan ("Primary Benefit Plan") for certain of its employees not covered by collective bargaining agreements. The Primary Benefit Plan, administered by a major life insurance company, presently provides that participants receive an annual benefit on retirement equal to 1.5% of their total compensation from the Company during their period of participation from 1958. Benefits are not reduced by Social Security payments or by payments from other sources and are payable in the form of fully-insured monthly lifetime annuity contracts commencing at age 65 or the participant's date of retirement, whichever is later. Effective May 12, 2006, future benefit accruals under the Primary Benefit Plan were frozen.

Supplemental Executive Retirement Plan. Retirement benefits otherwise available to certain key executives under the Primary Benefit Plan have been limited by the effects of the Tax Equity and Fiscal Responsibility Act of 1982 ("TEFRA") and the Tax Reform Act of 1986 ("TRA"). To offset the loss of retirement benefits associated with TEFRA and TRA, the Company has adopted a non-qualified "makeup" benefit plan (the "Supplemental Executive Retirement Plan"). Benefits will be provided under the Supplemental Executive Retirement Plan in an amount equal to 60% of their final average earnings minus any pension benefits and primary insurance amounts available to them under Social Security. However, in all cases the benefits are capped at \$120,000 per year for Allan L. Bridgford and Hugh Wm. Bridgford. Benefits provided under this plan for William L. Bridgford and Raymond F. Lancy are calculated at 50% of final average earnings, capped at \$200,000 per year, without offsets for other pension or Social Security benefits.

Bridgford Foods Retirement Savings 401(k) Plan. The Company implemented a 401(k) plan effective May 13, 2006. The Company makes a matching contribution to each employee's account based on pretax contributions in an amount equal to 100% of the first 3% of compensation and 50% of the next 2% of compensation contributed to the Plan. No amounts are contributed by the Company unless the employee elects to make a pretax contribution to the plan.

Perquisites and Other Benefits

The Company provides its executive officers with various health and welfare programs and other employee benefits which are generally available on the same cost-sharing basis to all of its employees. However, in keeping with the Company's policy of controlling costs in connection with its profitability objectives, it does not provide any significant perquisites or other special benefits to its executive officers including, but not limited to, payment of club memberships, fees associated with financial planning, executive dining rooms or special transportation rights. The Company does not own an airplane and does not provide aircraft for executives for business or personal purposes.

The Company provides post-retirement healthcare for certain executives and their spouses (who are within fifteen years of age of the employee) who have reached normal retirement age. This coverage is secondary to Medicare. Coverage for spouses continues upon the death of the employee. The maximum benefit under the plan is \$100,000 per year per retiree. The plan is subject to annual renewal by the Board of Directors and may be discontinued at the Board's discretion. The plan was renewed for one year at the Board of Directors meeting held in January 2010. The combined cost of this plan during the fiscal year ended October 30, 2009 was \$124,000 for all active and retired participants.

The Company pays life and disability insurance premiums on policies under which the Company President is the named owner and beneficiary.

Employment Agreements

The Company currently does not have any employment, severance, change of control or similar agreements with any of its NEOs. Refer to the compensation discussion below for information on pension, deferred compensation, and benefit-related payments payable in the event of a qualifying event such as employment termination, disability, death, or sale/merger/acquisition.

Tax and Accounting Implications

The Compensation Committee is responsible for considering the deductibility of executive compensation under Section 162(m) of the Internal Revenue Code, which provides that it may not deduct non-performance-based compensation of more than \$1,000,000 that is paid to its executive officers. The Company believes that the compensation paid under the current management incentive programs is fully deductible for federal income tax purposes. In certain situations, the Committee may approve compensation that will not meet the requirements for deductibility in order to ensure competitive levels of compensation for its executives and to meet its obligations under the terms of various incentive programs. However, the issue of deductibility has not come before the Committee in recent years and is not expected to be a concern for the foreseeable future.

Compensation Committee Report

The Compensation Committee of the Company has reviewed and discussed the Compensation Discussion and Analysis required by Item 402(b) of Regulation S-K with management and, based on such review and discussions, the Compensation Committee recommended to the Board of Directors that the Compensation Discussion and Analysis be included in this Proxy Statement.

The Compensation Committee of the Board of Directors

D. Gregory Scott, Chairman
Todd C. Andrews
Richard A. Foster
Robert E. Schulze
Paul R. Zippwald

The foregoing Compensation Committee Report is not soliciting material, is not deemed filed with the Securities and Exchange Commission and is not to be incorporated by reference in any filing of the Company under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended, whether made before or after the date hereof and irrespective of any general incorporation language in any such filing.

Summary Compensation Table

The table below provides summary information concerning cash and certain other compensation paid to or accrued for the Company's NEOs during fiscal years 2007, 2008 and 2009, respectively. Each of the NEOs named below are also members of the Company's Executive Committee which acts in the capacity of Chief Executive Officer of the Company. See "Compensation Discussion and Analysis" for further discussion of compensation arrangements pursuant to which the amounts listed in the table below were paid or awarded and the criteria for such payment or award.

Name and Principal Position	Year	Base Salary	Bonus (1)	Stock Awards (2)	Option Awards (3)	Non-Equity Incentive Plan Compensation (4)	Change in Pension Value and Non- Qualified Deferred Compensation Earnings (5)	All Other Compensation (6)	Total
Allan L. Bridgford	2009	\$131,609	\$147,042	\$—	\$—	\$—	\$ (20,322)	\$19,082	\$276,565
Senior Chairman of the Board	2008	126,547	—	—	—	—	137,271	1,713	265,531
	2007	121,680	—	—	—	—	97,921	654	220,255
Hugh Wm. Bridgford	2009	\$219,348	\$245,070	\$—	\$—	\$—	\$ (18,663)	\$25,442	\$469,787
Vice President and Chairman of the Executive Committee	2008	210,912	—	—	—	—	142,529	11,275	364,716
	2007	202,800	—	—	—	—	91,355	193	294,348
William L. Bridgford	2009	\$219,348	\$245,070	\$—	\$—	\$—	\$162,676	\$36,814	\$662,498
Chairman of the Board	2008	210,912	—	—	—	—	12,357	8,545	231,814
	2007	202,800	—	—	—	—	32,302	13,316	248,418
John V. Simmons	2009	\$219,348	\$245,070	\$—	\$—	\$—	\$ 96,549	\$61,875	\$621,432
President	2008	210,912	—	—	—	—	12,357	7,454	230,723
	2007	202,800	—	—	—	—	535	11,775	215,110
Raymond F. Lancy	2009	\$219,348	\$245,070	\$—	\$—	\$—	\$131,463	\$33,830	\$628,301
Chief Financial Officer, Vice President and Treasurer	2008	210,912	—	—	—	—	(36)	8,436	219,312
	2007	202,800	—	—	—	—	32,898	13,058	248,756

- (1) Each NEO is eligible to receive a discretionary cash bonus based on the Company's and the individual's performance during a given fiscal year. Bonuses earned for the 2009 fiscal year will be paid in three equal annual installments beginning in January 2010.
- (2) The Company did not grant any stock awards to any of the NEOs during fiscal years 2007, 2008 and 2009.
- (3) The Company did not grant any option awards to any of the NEOs during fiscal years 2007, 2008 and 2009.
- (4) The Company does not currently sponsor any formal non-equity based compensation plans on behalf of its NEOs. All non-equity incentive based bonuses, if any, are paid as discretionary bonuses and reflected under the "Bonus" column.
- (5) Includes the change in present value of each of the non-qualified deferred compensation plan and pension and retirement benefits described in the Compensation Discussion and Analysis above. The assumed discount rates used for fiscal years 2007, 2008 and 2009 were 6.25%, 8.00% and 5.75%, respectively for the defined benefit plan and 7.00% for all covered fiscal years for the Supplemental Executive Retirement Plan and Non-Qualified Deferred Compensation Plan.
- (6) Includes matching contributions to the Bridgford Foods Retirement Savings 401(k) plan and change in present value of post-retirement healthcare benefits. The amount for Mr. Simmons also includes life and disability insurance premiums paid by the Company.

Narrative to Summary Compensation Table

See "Compensation Discussion and Analysis" for further discussion of compensation arrangements pursuant to which the amounts listed under the Summary Compensation Table were paid or awarded and the criteria for such payment or award.

Grants of Plan-Based Awards

There were no stock options, restricted stock, restricted stock units or equity or non-equity-based performance awards granted to the Company's NEOs during the fiscal years ended October 30, 2009, October 31, 2008 or November 2, 2007.

Outstanding Equity Awards at Fiscal Year-End

There were no outstanding option or stock awards held by any NEO as of October 30, 2009.

Option Exercises and Stock Vested

There were no shares acquired upon the exercise of stock options or vesting of stock awards during fiscal years 2007, 2008 and 2009 by any NEO.

Pension Benefits

The tables below provide information concerning retirement plan benefits for each NEO and payments due upon certain termination scenarios.

Retirement Plan for Employees of Bridgford Foods Corporation for Administrative and Sales Employees

Normal Retirement: Benefits commence upon reaching the "Normal Retirement Date", which is the first day of the month on or after attainment of age 65. Pension benefit payments begin at normal retirement date and continue until death.

Early Retirement: A participant may choose to retire up to ten years before the normal retirement date. If a participant retires early, the accrued pension will be reduced by a percentage to reflect the longer period over which pension benefits will be received. If a participant is married for at least one year and dies before retirement, a pension benefit will be payable to the surviving spouse for his or her life; provided certain eligibility requirements have been met.

Death Benefits: Payments to a surviving spouse will begin on the first day of the month following a participant's death but not sooner than the earliest date a participant could have elected to retire.

Disability Benefits: A disability benefit is the accrued pension credited to a participant as of the date of disability. A disability is defined as a physical or mental condition which has existed continually for not less than six months and which renders a participant incapable of any employment and which does not result from military service, any felonious activity, use of narcotics, habitual drunkenness, or is intentionally inflicted.

The years of credited service, present value of accumulated plan benefits and payments made during the fiscal year were as follows:

For the Fiscal Year ended October 30, 2009:

<u>Name</u>	<u>Number of Years Credited Service</u>	<u>Present Value of Accumulated Benefit (1)</u>	<u>Payments During Fiscal Year</u>
Allan L. Bridgford	51	\$835,956	\$ 71,989
Hugh Wm. Bridgford	53	\$713,754	\$ 51,808
William L. Bridgford	36	\$358,735	\$ —
John V. Simmons	30	\$284,647	\$ —
Raymond F. Lancy	17	\$260,146	\$ —

(1) The assumed discount rate used was 5.75% to compute the present value of the accumulated benefit. The RP-2000 Combined Mortality Table was used and an expected return on assets of 8.00% was assumed.

For the Fiscal Year ended October 30, 2008:

<u>Name</u>	<u>Number of Years Credited Service</u>	<u>Present Value of Accumulated Benefit (1)</u>	<u>Payments During Fiscal Year</u>
Allan L. Bridgford	50	\$777,405	\$ 69,342
Hugh Wm. Bridgford	52	\$647,922	\$ 49,909
William L. Bridgford	35	\$241,188	\$ —
John V. Simmons	29	\$188,098	\$ —
Raymond F. Lancy	16	\$173,912	\$ —

(1) The assumed discount rate used was 8.00% to compute the present value of the accumulated benefit. The 1983 Group Annuity Mortality Table was used and an expected return on assets of 8.00% was assumed.

For the Fiscal Year Ended November 2, 2007:

Name	Number of Years Credited Service	Present Value of Accumulated Benefit (1)	Payments During Fiscal Year
Allan L. Bridgford	49	\$701,911	\$ 67,761
Hugh Wm. Bridgford	51	\$570,929	\$ 48,771
William L. Bridgford	34	\$222,637	\$ —
John V. Simmons	28	\$175,741	\$ —
Raymond F. Lancy	15	\$159,737	\$ —

- (1) The assumed discount rate used was 6.25% to compute the present value of the accumulated benefit. The 1983 Group Annuity Mortality Table was used and an expected return on assets of 8.00% was assumed.

Supplemental Executive Retirement Plan (SERP)

Payment of Retirement Benefit: All retirement, disability and death benefits shall be paid in monthly installments beginning on the Commencement Date following the participant's retirement, disability or death and shall continue for a period of fifteen years.

Normal Retirement: Benefits commence upon reaching the "Normal Retirement Date", which means the date on which the participant has both attained age 65 and completed at least ten years of participation. SERP benefit payments begin at normal retirement date and continue until death.

Early Retirement: A participant may choose to retire up to ten years before the normal retirement date if the participant has completed at least five years of participation. If a participant retires early, the SERP benefit will be determined based on the vested percentage attained as the time of retirement.

Death Benefits: If a participant dies prior to having commenced receipt of benefits and is eligible for benefits hereunder, the participant's beneficiary shall be entitled to receive an annual death benefit equal to the Normal Retirement Benefit determined as if the participant attained Normal Retirement Age on the date of his death, or, if after the Participant's Normal Retirement Date, equal to the Late Retirement Benefit. If a participant dies after having commenced receipt of benefits, benefits shall continue to be paid but to the Participant's Beneficiary at the same time and in the same form as the benefits would have been payable to the participant. No benefit will be payable to a participant's beneficiary if the participant terminates employment with the Company before he is eligible for a retirement benefit and thereafter dies.

Disability Benefits: A disability benefit is the vested percentage of SERP benefit credited to a participant as of the date of disability. A disability is defined as a physical or mental condition which has existed continually for not less than twelve months and which renders a participant incapable of any employment and which does not result from military service, any felonious activity, use of narcotics, habitual drunkenness, or is intentionally inflicted.

For the Fiscal Year ended October 30, 2009:

Name	Present Value of Accumulated Benefit (1)	Payments During Last Fiscal Year
Allan L. Bridgford	\$ 277,293	\$ 51,528
Hugh Wm. Bridgford	\$ 328,692	\$ 61,080
William L. Bridgford	\$ 997,093	\$ —
John V. Simmons	\$ —	\$ —
Raymond F. Lancy	\$ 997,093	\$ —

- (1) A 7.00% discount rate was used to compute the present values.

For the Fiscal Year ended October 31, 2008:

Name	Present Value of Accumulated Benefit (1)	Payments During Last Fiscal Year
Allan L. Bridgford	\$ 306,820	\$ 51,528
Hugh Wm. Bridgford	\$ 363,840	\$ 61,080
William L. Bridgford	\$ 951,864	\$ —
John V. Simmons	\$ —	\$ —
Raymond F. Lancy	\$ 951,864	\$ —

(1) A 7.00% discount rate was used to compute the present values.

For the Fiscal Year Ended November 2, 2007:

Name	Present Value of Accumulated Benefit (1)	Payments During Last Fiscal Year
Allan L. Bridgford	\$ 338,865	\$ 51,528
Hugh Wm. Bridgford	\$ 401,678	\$ 61,080
William L. Bridgford	\$ 655,300	\$ —
John V. Simmons	\$ —	\$ —
Raymond F. Lancy	\$ 674,203	\$ —

(1) A 7.00% discount rate was used to compute the present values.

The following table estimates the present value of SERP benefits under different employment termination scenarios as of October 30, 2009:

Name	Present Value of Benefits Upon Voluntary Termination of Employment (1)	Present Value of Benefits if Disabled (1)	Present Value of Benefit Upon Death (1)	Present Value of Involuntary Termination of Employment Due to Sale/Merger/Acquisition (1)
Allan L. Bridgford	\$ 277,293	\$ 277,293	\$ 277,293	\$ 277,293
Hugh Wm. Bridgford	\$ 328,692	\$ 328,692	\$ 328,692	\$ 328,692
William L. Bridgford (2)	\$ 267,464	\$ 997,093	\$ 997,093	\$ 997,093
John V. Simmons	\$ —	\$ —	\$ —	\$ —
Raymond F. Lancy (2)	\$ 299,815	\$ 997,093	\$ 997,093	\$ 997,093

- (1) In each scenario above, the benefit amount shown is calculated at October 30, 2009. A 7.00% discount rate was used to compute the present values. In the case of a voluntary termination, the participant shall be entitled to the vested portion of any such early retirement benefit but shall not commence receipt of such early retirement benefit until the commencement date following the date the participant would have attained the early retirement date had the participant remained employed by the Company. Upon a finding that the participant (or, after the participant's death, a beneficiary) has suffered an unforeseeable emergency, the Committee may at the request of the participant or beneficiary, and subject to compliance with Internal Revenue Code Section 409A, accelerate distribution of benefits under the SERP in the amount reasonably necessary to alleviate such unforeseeable emergency.
- (2) Death benefits for William L. Bridgford and Raymond F. Lancy are payable as a lump sum payment. All other benefits are paid in the form of a monthly annuity. The actual payment amount for William L. Bridgford and Raymond F. Lancy would be determined using a discount rate similar to the rate required for qualified plans. The rate assumed for these estimates is 7.00%.

The following table estimates future SERP payments under different termination scenarios as of October 30, 2009:

Name	Payment Upon Voluntary Termination of Employment	Payment if Disabled (1)	Death Benefit from Plan (2)	Involuntary Termination of Employment Due to Sale/Merger/Acquisition
Allan L. Bridgford	Continues to receive \$4,294 for another 80 months	Continues to receive \$4,294 for another 80 months	Continues to receive \$4,294 for another 80 months	Continues to receive \$4,294 for another 80 months
Hugh Wm. Bridgford	Continues to receive \$5,090 for another 80 months	Continues to receive \$5,090 for another 80 months	Continues to receive \$5,090 for another 80 months	Continues to receive \$5,090 for another 80 months
William L. Bridgford	\$3,077 per month for 180 months beginning on 11/2/2009	\$8,793 per month for 180 months commencing after disability	\$8,793 per month for 180 months beginning just after death	Lump Sum payment due at termination of \$997,093
John V. Simmons	—	—	—	—
Raymond F. Lancy	\$3,077 per month for 180 months beginning on 11/2/2009	\$8,793 per month for 180 months commencing after disability	\$8,793 per month for 180 months beginning just after death	Lump Sum payment due at termination of \$997,093

(1) Disability amount is decreased by any Company paid disability insurance policies, Social Security disability benefits, or other Federal or State disability programs. In the case of a voluntary termination, the participant shall be entitled to the vested portion of any such early retirement benefit but shall not commence receipt of such early retirement benefit until the commencement date following the date the participant would have attained the early retirement date had the participant remained employed by the Company. Upon a finding that the participant (or, after the participant's death, a beneficiary) has suffered an unforeseeable emergency, the Committee may at the request of the participant or beneficiary, and subject to compliance with Internal Revenue Code Section 409A, accelerate distribution of benefits under the SERP in the amount reasonably necessary to alleviate such unforeseeable emergency.

(2) Assumes death on October 30, 2009. The discount rate used to calculate the lump sum amount is 7.00%.

See "Compensation Discussion and Analysis – Total Compensation for Executive Officers -- Pension and Retirement Benefits" for further discussion of the pension benefits contained in the tables above.

Non-Qualified Deferred Compensation

The table below provides information concerning deferred compensation plan benefits for each NEO during the fiscal year ended October 30, 2009.

Name	Executive Contributions in Fiscal Year	Company Contributions in Fiscal Year	Aggregate Earnings in Fiscal Year	Aggregate Withdrawals/Distributions	Aggregate Balance at Fiscal Year End
Allan L. Bridgford	\$ —	\$ —	\$ —	\$ 77,081	\$ 398,696
Hugh Wm. Bridgford	\$ —	\$ —	\$ —	\$ 77,081	\$ 398,696
William L. Bridgford	\$ —	\$ —	\$ —	\$ —	\$ —
John V. Simmons	\$ —	\$ —	\$ —	\$ —	\$ —
Raymond F. Lancy	\$ —	\$ —	\$ —	\$ —	\$ —

The table below provides information concerning deferred compensation plan benefits for each NEO during the fiscal year ended October 31, 2008.

Name	Executive Contributions in Fiscal Year	Company Contributions in Fiscal Year	Aggregate Earnings in Fiscal Year	Aggregate Withdrawals/Distributions	Aggregate Balance at Fiscal Year End
Allan L. Bridgford	\$ —	\$ —	\$ —	\$ 76,632	\$ 448,043
Hugh Wm. Bridgford	\$ —	\$ —	\$ —	\$ 76,632	\$ 448,043
William L. Bridgford	\$ —	\$ —	\$ —	\$ —	\$ —
John V. Simmons	\$ —	\$ —	\$ —	\$ —	\$ —
Raymond F. Lancy	\$ —	\$ —	\$ —	\$ —	\$ —

The table below provides information concerning deferred compensation plan benefits for each NEO during the fiscal year ended November 2, 2007.

Name	Executive Contributions in Fiscal Year	Company Contributions in Fiscal Year	Aggregate Earnings in Fiscal Year	Aggregate Withdrawals/Distributions	Aggregate Balance at Fiscal Year End
Allan L. Bridgford	\$ —	\$ —	\$ —	\$ 76,141	\$ 482,381
Hugh Wm. Bridgford	\$ —	\$ —	\$ —	\$ 76,141	\$ 482,381
William L. Bridgford	\$ —	\$ —	\$ —	\$ —	\$ —
John V. Simmons	\$ —	\$ —	\$ —	\$ —	\$ —
Raymond F. Lancy	\$ —	\$ —	\$ —	\$ —	\$ —

The following table estimates the present value of benefits under different employment termination scenarios as of October 30, 2009:

Name	Present Value of Benefit at Termination of Employment	Present Value of Benefit in the Event of Disability,	Present Value of Benefit Upon Death	Present Value of Benefit Upon Involuntary Termination of Employment Due to Sale/Merger/Acquisition
Allan L. Bridgford	\$ 398,696	\$ 398,696	\$ 398,696	\$ 398,696
Hugh Wm. Bridgford	\$ 398,696	\$ 398,696	\$ 398,696	\$ 398,696
William L. Bridgford	\$ —	\$ —	\$ —	\$ —
John V. Simmons	\$ —	\$ —	\$ —	\$ —
Raymond F. Lancy	\$ —	\$ —	\$ —	\$ —

Allan L. Bridgford and Hugh Wm. Bridgford each currently receive a monthly deferred compensation payment of \$6,430. As of October 30, 2009, eighty (80) such monthly payments are remaining for each recipient.

The deferred compensation amounts are calculated using a crediting rate equal to Moody's Average Seasoned Bond Rate, plus 2%. This rate is subject to fluctuation. Upon death, the deferred compensation benefits are paid in a lump sum equal to the individual's remaining account balance.

See "Compensation Discussion and Analysis – Total Compensation for Executive Officers – Non-Qualified Deferred Compensation" for further discussion of the non-qualified deferred compensation benefits contained in the tables above.

Director Compensation

The table below summarizes the total compensation paid by the Company to directors who were not NEOs during fiscal year 2009. Directors who were NEOs did not receive any additional compensation for their services as directors.

Name	Fees Earned or Paid Cash	Stock awards	Option awards	Non-Equity Incentive Plan Compensation	Change in Pension Value and Non-Qualified Deferred Compensation Earnings	All Other Compensation	Total
Richard A. Foster	\$ 21,000	\$ —	\$ —	\$ —	\$ —	\$ —	\$ 21,000
Robert E. Schulze	\$ 20,600	\$ —	\$ —	\$ —	\$ 13,789 (1)	\$ 229,396 (2)	\$ 243,185
Paul R. Zippwald	\$ 20,500	\$ —	\$ —	\$ —	\$ —	\$ —	\$ 20,500
Todd C. Andrews	\$ 21,000	\$ —	\$ —	\$ —	\$ —	\$ —	\$ 21,000
D. Gregory Scott	\$ 16,350	\$ —	\$ —	\$ —	\$ —	\$ —	\$ 16,350

(1) The amount reflected above includes the change in present value of the defined benefit pension plan, assuming a discount rate of 5.75%, and the SERP and Non-Qualified Deferred Compensation Plan, assuming a discount rate of 7.00%. Mr. Schulze received contributions to such plans as an employee of the Company prior to his retirement on June 30, 2004.

(2) Mr. Schulze receives pension benefits under the Company's defined benefit pension plan, SERP plan and Non-Qualified Deferred Compensation Plan. The amount reflected above includes aggregate payments to Mr. Schulze during fiscal 2009 of \$74,889 under the defined benefit plan, \$77,160 under the Non-Qualified Deferred Compensation Plan, \$56,000 under the

SERP and \$5,774 for healthcare benefits. The amount reflected above also includes an increase in the present value of post-retirement healthcare benefits in the amount of \$15,573.

The Company uses cash compensation to attract and retain qualified candidates to serve on its Board of Directors. In setting director compensation, the Company considers the demands that have been placed and will continue to be placed on the directors and the skill-level required by its directors. In addition, as with the Company's executive officers, compensation decisions for directors are made in the context of the Company's focus on controlling costs and increased profitability. Non-employee directors were paid \$1,350 for each Board of Directors meeting attended during fiscal year ended October 30, 2009 and approximately \$300 for each Audit Committee meeting depending on the length of the meeting.

COMPENSATION COMMITTEE INTERLOCKS AND INSIDER PARTICIPATION

The members of the Company's Compensation Committee at October 30, 2009 consisted of D. Gregory Scott, Chairman, Todd C. Andrews, Richard A. Foster, Robert E. Schulze and Paul R. Zippwald. Other than Robert E. Schulze, who retired June 30, 2004, no member of the Compensation Committee was a former or current officer or employee of the Company or any of its subsidiaries at October 30, 2009. The Company is not aware of any "compensation committee interlocks" that existed during fiscal 2009.

CERTAIN RELATIONSHIPS AND RELATED PARTY TRANSACTIONS

The Company's general legal counsel is the son of the Senior Chairman of the Board of Directors. For these services, he currently is paid a fee of \$1,350 for each Board of Directors meeting attended. Total fees paid under this arrangement for fiscal year 2009 were \$16,200. In addition, legal services are performed on behalf of the Company and billed by a firm in which he is a partner. Total fees billed under this arrangement for fiscal year 2009 were approximately \$70,000.

Other than the relationship noted above, the Company is not aware of any related party transactions that would require disclosure. The Company's executive officers, directors, nominees for directors and principal shareholders, including their immediate family members and affiliates, are prohibited from entering into a related party transaction with the Company that would be reportable under Item 404 of Regulation S-K without the prior approval of its Audit Committee (or other independent committee of the Board of Directors in cases where it is inappropriate for the Audit Committee to review such transaction due to a conflict of interest). Any request for the Company to enter into a transaction with an executive officer, director, or nominee for director, principal stockholder or any of such persons' immediate family members or affiliates that would be reportable under Item 404 of Regulation S-K must first be presented to the Audit Committee for review, consideration and approval. In approving or rejecting the proposed agreement, the Audit Committee will consider the relevant facts and circumstances available and deemed relevant, including but not limited to, the risks, costs, and benefits to the Company, the terms of the transactions, the availability of other sources for comparable services or products, and, if applicable, the impact on director independence. The Audit Committee shall only approve those agreements that, in light of known circumstances, are in or are not inconsistent with, the Company's best interests, as determined in good faith by the Audit Committee. The requirement for the Audit Committee to review related-party transactions is set forth in its Amended and Restated Charter dated August 14, 2006.

PROPOSAL 2

RATIFICATION OF INDEPENDENT REGISTERED PUBLIC ACCOUNTANTS

The Audit Committee of the Board of Directors has, subject to ratification by the shareholders, appointed Squar, Milner, Peterson, Miranda & Williamson, LLP as its independent registered public accounting firm for the fiscal year ending October 29, 2010.

The Company's Board of Directors recommends that you vote FOR the ratification of the appointment of Squar, Milner, Peterson, Miranda & Williamson, LLP as the Company's independent accountants for fiscal year 2010. Proxies received in response to this solicitation will be voted FOR the approval of such firm unless otherwise specified in the proxy. In the event of a negative vote on such ratification, the Audit Committee of the Board of Directors will reconsider its selection. Representatives of Squar, Milner, Peterson, Miranda & Williamson, LLP will be present at the meeting and available for questions. They will have the opportunity to make a statement if they so desire.

CHANGE IN INDEPENDENT REGISTERED PUBLIC ACCOUNTANTS

Concurrent with the filing of the 10-K on January 28, 2009, the Audit Committee of the Board of Directors of the Company dismissed Haskell & White LLP as the Company's independent registered public accounting firm. Haskell & White LLP completed the audit of the Company's financial statements for the year ended October 31, 2008 on January 28, 2009. Haskell & White LLP's appointment as the independent registered public accounting firm for the Company was completely terminated upon completion of the audit of the Company's financial statements for the year ended October 31, 2008. The decision to change principal accountants was approved by the Audit Committee and the Board of Directors of the Company.

The reports of Haskell & White LLP on the consolidated financial statements of the Company for the years ended October 31, 2008 and November 2, 2007, did not contain an adverse opinion or disclaimer of opinion, nor were they qualified or modified as to uncertainty, audit scope, or accounting principle.

During the years ended October 31, 2008 and November 2, 2007, and through the subsequent interim period ended January 28, 2009, there were no disagreements with Haskell & White LLP on any matter of accounting principles or practices, financial statement disclosure, or auditing scope or procedure, which disagreements, if not resolved to the satisfaction of Haskell & White LLP, would have caused it to make reference thereto in its reports on the financial statements for such years.

During the years ended October 31, 2008, and November 2, 2007, and through the subsequent interim period ended January 28, 2009, there have been no "reportable events" (as defined in Item 304(a)(1)(v) of Regulation S-K).

During the Company's fiscal years ended October 31, 2008 and November 2, 2007, and through the subsequent interim period ended January 28, 2009, neither the Company nor anyone on its behalf consulted Squar, Milner, Peterson, Miranda & Williamson, LLP regarding any of the matters or events set forth in Item 304(a)(2)(i) and (ii) of Regulation S-K.

PRINCIPAL ACCOUNTANT FEES AND SERVICES

Audit Fees

Fees billed by Squar, Milner, Peterson, Miranda & Williamson, LLP for the audit and review of the Company's annual financial statements and quarterly reports on Form 10-Q for the 2009 fiscal year totaled \$148,000. Fees billed by Haskell & White LLP for the audit and review of the Company's annual financial statements and quarterly reports on Form 10-Q for the 2008 fiscal year totaled \$213,400.

Audit-Related Fees

Audit-related fees typically consist of fees billed for assurance and related services that are reasonably related to the performance of the audit or review of the Company's consolidated financial statements and are not reported under "Audit Fees." These services may include consultations related to the Sarbanes-Oxley Act and consultations concerning financial accounting and reporting standards. There were no audit-related fees billed by Squar, Milner, Peterson, Miranda & Williamson, LLP for the fiscal year ended October 30, 2009. Audit-related fees billed by Haskell & White LLP for the fiscal year ended October 31, 2008 totaled \$19,179.

Tax Fees

Tax fees are comprised of services that include assistance related to state tax compliance services and consultations regarding federal and state research and development tax credits. There were no tax fees billed by Squar, Milner, Peterson, Miranda & Williamson, LLP or Haskell & White LLP during the fiscal years ended October 30, 2009 or October 31, 2008.

All Other Fees

The Company did not incur any other fees billed by Squar, Milner, Peterson, Miranda & Williamson, LLP during the fiscal year ended October 30, 2009. However, the Company did incur fees (not yet billed) to Haskell & White LLP related to fiscal year 2009 for review and consents relating to the preparation and filing of the Company's Form 10-K. The Company did not incur any other fees billed by Squar, Milner, Peterson, Miranda & Williamson, LLP or Haskell & White LLP during the fiscal year ended October 31, 2008.

POLICY ON AUDIT COMMITTEE PRE-APPROVAL OF AUDIT SERVICES AND PERMISSIBLE NON-AUDIT SERVICES OF INDEPENDENT ACCOUNTANTS

The Audit Committee's policy is to pre-approve all audit and permissible non-audit services performed by the independent accountants. These services may include audit services, audit-related services, tax services and other services. During fiscal years 2009 and 2008, the Audit Committee approved all such services rendered by its independent accountants. For audit services, the independent accountant provides the Audit Committee with an audit plan including proposed fees in advance of the annual audit. The Audit Committee approves the plan and fees for the audit.

For non-audit services, the Company's senior management will submit from time to time to the Audit Committee for approval non-audit services that it recommends the Audit Committee engage the independent accountant to provide during the fiscal year. The Company's senior management and the independent accountant will each confirm to the Audit Committee that each non-audit service is permissible under all applicable legal requirements. A budget, estimating non-audit service spending for the fiscal year, will be provided to the Audit Committee along with the request. The Audit Committee must approve both permissible non-audit services and the budget for such services.

REPORT OF THE AUDIT COMMITTEE

Pursuant to a meeting of the Audit Committee on January 21, 2010, the Audit Committee reports that it has: (i) reviewed and discussed the Company's audited financial statements with management; (ii) discussed with the independent registered public accountants the matters (such as the quality of the Company's accounting principles and internal controls) required to be discussed by Statement on Auditing Standards No. 61; and (iii) received written confirmation from Squar, Milner, Peterson, Miranda & Williamson, LLP that it is independent and written disclosures regarding such independence as required by Public Company Accounting Oversight Board Rule 3526, and discussed with the independent registered public accountants the accountants' independence. Based on the review and discussions referred to in items (i) through (iii) above, the Audit Committee recommended to the Board of Directors that the audited financial statements be included in the Company's annual report for the Company's fiscal year ended October 30, 2009.

AUDIT COMMITTEE

D. Gregory Scott, Chairman
Todd C. Andrews
Richard A. Foster
D. Gregory Scott
Robert Schulze
Paul R. Zippwald

The foregoing Audit Committee Report is not soliciting material, is not deemed filed with the Securities and Exchange Commission and is not to be incorporated by reference in any filing of the Company under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended, whether made before or after the date hereof and irrespective of any general incorporation language in any such filing.

SHAREHOLDER PROPOSALS

Proposals of shareholders intended to be presented at the 2011 Annual Meeting of Shareholders must be received at the Company's principal office no later than October 15, 2010 in order to be considered for inclusion in the proxy statement and form of proxy relating to that meeting. Matters pertaining to such proposals, including the number and length thereof, eligibility of persons entitled to have such proposals included and other aspects are regulated by the Securities Exchange Act of 1934, Rules and Regulations of the Securities and Exchange Commission and other laws and regulations to which interested persons should refer.

Additionally, if the Company is not provided notice of a shareholder proposal, which the shareholder has not previously sought to include in the Company's proxy statement, by December 29, 2010, the Company will be allowed to use its discretionary voting authority when the proposal is raised at the meeting, without any discussion of the matter in the proxy statement.

OTHER MATTERS

The Board of Directors is not aware of any matters to be acted upon at the meeting other than the election of directors and the ratification of the appointment of Squar, Milner, Peterson, Miranda & Williamson, LLP. If, however, any other matter shall properly come before the meeting, the persons named in the proxy accompanying this statement will have discretionary authority to vote all proxies with respect thereto in accordance with their best judgment.

FINANCIAL STATEMENTS

The annual report of the Company for the fiscal year ended October 30, 2009 accompanies this Proxy Statement but is not a part of the proxy solicitation material.

By order of the Board of Directors

/s/ Cindy Matthews-Morales

Cindy Matthews-Morales

Secretary

February 12, 2010

FORM 10-K

The Corporation will furnish without charge to each person whose proxy is being solicited, upon request of any such person, a copy of the Annual Report of the Corporation on Form 10-K for the fiscal year ended October 30, 2009, as filed with the Securities and Exchange Commission (the "SEC"), including financial statements and associated schedules. Such report was filed with the Securities and Exchange Commission on January 28, 2010 and is available on the SEC's website, www.sec.gov, as well as the Company's website, <http://www.bridgford.com>. Requests for copies of such report should be directed to the Chief Financial Officer, Bridgford Foods Corporation, P.O. Box 3773, Anaheim, California 92803.

(This page intentionally left blank.)

DIRECTORS

Allan L. Bridgford
Senior Chairman

Bruce H. Bridgford
President Bridgford Foods
of California

William L. Bridgford
Chairman

Richard A. Foster
Retired (formerly
President, Interstate
Electronics Corporation)

Robert E. Schulze
Retired (formerly President
and member of
the Executive Committee,
Bridgford Foods Corporation)

Paul R. Zippwald
Retired
(formerly Regional Vice President,
Bank of America)

Todd C. Andrews
Vice President and Controller,
Public Storage, Inc.

D. Gregory Scott
Managing Director,
Peak Holdings, LLC

OFFICERS

Allan L. Bridgford
Senior Chairman, Board of Directors
and member of
the Executive Committee

Hugh Wm. Bridgford
Chairman, Executive Committee
and Vice President

William L. Bridgford
Chairman, and member
of the Executive Committee

Raymond F. Lancy
Executive Vice President,
Chief Financial Officer,
Treasurer, and member of
the Executive Committee

John V. Simmons
President and member of
the Executive Committee

Joe deAlcuaz
Vice President Manufacturing

Daniel R. Yost
Senior Vice President

Chris Cole
Vice President

Bob DeLong
Vice President,
Information Technologies

Cindy Matthews-Morales
Corporate Secretary and Controller

Michael Bridgford
Assistant Secretary

DIVISION MANAGERS

Jeffrey D. Robinson
Bakery Manager
Anaheim- Bread Division

Bruce H. Bridgford
Chairman & President,
Bridgford Foods of California
Anaheim- Deli Division

Baron R. H. Bridgford
President, Bridgford Processing
Company of Illinois
Bridgford Foods of Illinois

Joseph deAlcuaz
Vice President
Dallas- Frozen-Rite Division

Blaine K. Bridgford
President
Dallas- Superior Foods Division

Monty Griffith
Vice President
Bridgford Foods of North Carolina

New!

Monkey Bites

Cinnamon Pull-Apart





Bridgford
Snack Center
LOW-CARB • HIGH PROTEIN

Bridgford Foods Corporation

1308 North Patt Street
P.O. Box 3773
Anaheim, California 92803
Phone (714) 526-5533
www.bridgford.com

Major Operating Facilities

Chicago, Illinois
Dallas, Texas
Statesville, North Carolina

Transfer Agent and Registrar

Continental Stock Transfer & Trust Company

17 Battery Place, 8th Floor
New York, NY 10004
1-800-509-5586

Independent Accountants

Squar, Milner, Peterson, Miranda & Williamson, LLP
Newport Beach, California